

BIOCOM4YOU.COM

Ashwagandha

Is your life stressful?
Here is natural help!

Q-Vital

for the heart and circulation

SLIM 40

for your slimmess...

Collagen

capsule

A new way to healthy beauty

Magnesium

bisglycinate

for balanced, restful sleep and
tranquillity

Two weeks of total body cleansing:

Total Body Cleanse

Multivitamin FOR MEN & WOMEN

Vitamin D

drops

Liquid D3!

**FREE
FROM
SWEETS**

for a healthy lifestyle



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Your health is undoubtedly important to you, so we always recommend regular exercise and healthy eating, yet taking vitamins and supplements can also contribute to prevention and good health. We highly recommend our products to compliment this conscious way of living.

Dear Reader,

First of all, we'd like to thank you for trusting our products and reading the Biocom catalogue, its Hungarian version. At the same time, we congratulate you, since you are clearly a conscious consumer who is committed to a healthy lifestyle, and wish to act for and learn more about preserving or restoring your health.

To show our gratitude, we would like to introduce the Biocom range to you in a readable publication, which contains useful information on a wide range of solutions based purely on natural grounds in many topics. Although the process of each area may be discussed on separate pages with seemingly different themes, these are all connected. For example, you will read about vitamin D in the section where we discuss Calcium, for bowel cleansing it is worth browsing through the section on detoxification, yet it is also recommended you look at the section on Krill Oil and Q10 products in relation to the cardiovascular system - and we could go on and on.

The purpose of this catalogue is to raise awareness. For more information and descriptions please visit the following link: webshop.biocomag.ch. For product experiences and instructions based on feedback please click on the www.biocomnetwork.hu portal.

On these sites you will also find products sold by Biocom's resellers, which are not published in this catalogue and this partly applies to this publication as well.

We would always recommend arranging a personal consultation with the person you received this catalogue from for more information. Thank you for your interest; we wish you good health!

Is your life stressful? Here is natural help!



Who would not experience stressful times – it is just a question of how often? For those of us who are used to stress as a “natural state”, it is worth reflecting on it and discovering a natural, effective remedy whose ingredients have been known and used for thousands of years. Let us discover Ashwagandha capsules with Rhodiola and Bacopa extracts!

If you are looking for a natural solution to increase stress tolerance and strengthen the nervous system, while supporting mental stamina, here is your new companion based on the ancient experiences of Southeast Asia! Today, stress is nothing more than a continuous, never-ending tension or nervousness that is the body's natural response to one or more persistent negative stimuli. Constant (chronic) stress takes a serious toll on the body in the long term, almost to the point of overloading the body to the extreme.

Don't stress: here are our Ashwagandha capsules

Ashwagandha is an ancient Ayurvedic herb that has been used for thousands of years, in this case combined with Rhodiola extract and the effects of Bacopa. This special herbal complex can be the perfect choice for everyday challenges.

Let us look at the ingredients in more detail!

- **Ashwagandha:** a wonderful Ayurvedic herb from Southeast Asia that has been used for thousands of years.
- **Rhodiola:** rose root has long been used in Tibet, Siberia and Scandinavia. Rose root stimulates the nervous system and is beneficial in cases of stress-induced fatigue.
- **Bacopa:** Bacopa Monnieri helps relieve stress, supports the central nervous system, concentration and healthy sleep.

1 capsule per day supports the body to rebalance. The use of the product is not recommended for those who are pregnant, breastfeeding, or those undergoing thyroid hormone treatment.

Relaxing with product support

Stress. Today, hearing the name of today's widespread disease has a harsher effect than many degenerative diseases, which it may be the foundation of, by the way. Why? Because almost no one can escape from this in the space of civilization! Constant stress leads to aging, aggressivity, and breakdown. However, one of the prerequisites for mental peace and happiness is a lasting stress-free state. If you can no longer escape from it, you should at least reduce its extent and harmful effects on a physical level – Biocom helps you with this as well. (Other suggestions: exercise, meditation, yoga, positive attitude...)

Possible effects may include the following:

- reducing stress, calming down
- decreasing blood cholesterol level
- preventing various types of viral and bacterial infections and enhancing the functioning of the immune system
- playing a role in the energy supply of the nervous system and heart function
- increasing energy level and relieving fatigue simultaneously
- increasing sports performance and stamina
- facilitating the elimination of medicines from the body
- decreasing blood pressure and normalizing heart rhythm in hypertensive patients
- promoting the production of red blood cells
- inhibiting the absorption of fats
- relieving menstrual irritability, fatigue, depression (PMS)
- treating excessive, strong palpitations



It is a stress-reducing formula with a complex content of vitamins, calcium, magnesium and herbs.

Did you know...

... that a Hungarian scientist is considered to be the founder of stress theory? The concept and process became known through the research of János Selye. The three-step process of adaptation to this consists of the following: alarm reaction, resistance, and then the exhaustion stage. The latter may lead to illness or even death if the so-called "bad" stress (distress) is too persistent and intense...

Wish you a really GOOD night! With Melatonin

It is not a "sleeping pill", but a regulator of physiological sleep, and not a "medicine", but a hormone produced in the human organism!

Sleep hormone

The body's sleep hormone is one of the prerequisites for calm rest and a balanced life. Its production in the human body decreases around the puberty, and then it almost completely ceases with age. This may be one of the explanations for the increasing frequency of age-related sleep disturbances. By supplementing it, you may restore your organism's youthful melatonin level, thereby making your body younger. It helps to overcome insomnia caused by the so-called jet lag - caused by longer flights, flying across time zones. It also has a natural effect that adapts to the circadian rhythm (day-night).

Possible effects may include the following:

- may help maintain the natural sleep cycle
- its intake may help night shift workers rest during the day
- may effectively prevent jet-lag, travel sickness
- may boost the immune system, it also has an antioxidant effect
- may help regulate blood pressure and body temperature in a natural way
- may slow down aging, may increase sexually active years.

Did you know...

... that it happened only in 1958 that the mysterious compound produced by the pineal gland was isolated? It was named Melatonin. (The Greek word melas means black, referring to the fact that this hormone is produced exclusively in the dark and to the effect of darkness in living organisms.) The melatonin level shows significant diurnal fluctuations, it is ten times higher at night than during the day in humans, and plays an important role in the regulation of sleep-wake cycle.



**Melatonin 3mg
50 Tablets**

The peppermint-flavoured 3 mg sublingual tablet is characterized by rapid absorption and maximum effectiveness. It is recommended to take 1–2 capsules 30–40 minutes before the planned bedtime.



Hyaluronic acid is also an important component of the new collagen capsule

Biocom's collagen range has been extended, and the preparation is now available that has other important components besides its main ingredient, which it was named after, not like before. Therefore, the name of the new version leaves no doubt in the mind of the customer either, as it is indicated on the label: Collagen + Vitamin C + Hyaluronic acid capsule.



We've written a lot about collagen in recent years, and since it's popular in the network, its range is becoming broader and more varied, adapting to needs. Together with hyaluronic acid, it has already appeared in one kind of drink powder, and now the capsule version has arrived for those who do not prefer the cocktail version (mixed with purified water...), but who like the simpler, quick-to-use solution.

The "big two", collagen and hyaluronic acid, may contribute to the health and beauty of skin, nails and hair. Collagen may give elasticity to the skin and add to the beauty of natural health regarding hair and nails, while hyaluronic acid may help keep skin not only firm and elastic, but also plump for a charming end result. The vitamin C in the product contributes to all of this, so a new, quite strong dietary supplement capsule has been launched to the market. It can be recommended to all those who live in the spirit of health, beauty and flexibility, and would like to take action for these with the help of nutritional supplements.

COLLAGEN + FIBER + AMINO DRINK POWDER

It is another option for healthy beauty, which includes collagen drink powder with fibers and amino acids



It is mango-flavoured food with sweeteners, containing collagen, amino acids, fiber, hyaluronic acid and digestive enzymes, intended for athletes and those performing heavy physical work. This is the official description of the new Collagen+Fiber+Amino Drink Powder product, which is of course recommended for a much larger target group. This special preparation supports the body regarding all aspects of beauty! Thus, it is an excellent supplement for people on cures, dieters, those participating in slimming programs, and all those who live in the spirit of health, beauty and flexibility and want to support their digestion.

It is almost unnecessary to talk about the importance of collagen (of which the product contains 6 grams per dosage) in detail. Four types of collagen form the organic components of the skin, tendons, vascular system, connective tissue, as well as cartilage and tissues, furthermore, they also form the basis of the cell membrane and contribute to the health and beauty of the hair and give elasticity to the skin. Hyaluronic acid also helps the skin to be plump for a charming end result... It also contains protein, which contributes to the growth and maintenance of muscle mass and the maintenance of normal bones.

Mildly refreshing

It can be used to prepare a particularly refreshing, fruity drink, which can also be mixed with other drink powders from the Biocom range for extra effect and taste – although the mango base flavour is also particularly pleasant.

Amino acids, fiber combination, enzymes

Amino acids also play a role in achieving the right body shape. The product contains the four most important ones. L-Glutamine (builds 60% of muscles) and BCAA amino acids (Isoleucine, Leucine, Valine) – these are the first to be used during muscular exercise, so they should be supplemented as quickly as possible. When someone goes on a diet and does shaping gymnastics, they often lose weight not only from fat, but also from muscles. All of this is accompanied by the product's high fiber content, of which it contains four types: inulin, bamboo fiber, orange fiber, oat fiber. This combination improves digestion, positively affects the PH of the gut, and helps break down fats. The product also contains digestive enzymes, the well-known papain and bromelain, to aid digestion and break down protein.



Grapefruit seed extract

It has amazing antiviral properties.

It has been known for decades, that grapefruit seed extract has natural antiviral, antibacterial and antifungal properties. It may be the best option for those looking for an antimicrobial product with a wide spectrum of benefits. This extract is beneficial in destroying hundreds of strains of bacteria, viruses and parasites even in very small quantities and it keeps friendly bacteria intact. As well as Candida Cleanse, this is a very popular product in the management of candidiasis concerning Biocom's product range.

May be useful in a number of cases, such as:

- Upper respiratory tract, throat infections, flu and cold, viral stomach problems
- Viral wart elimination
- Herpes, thrush and stomach ulcers
- Teeth health, plaque, gingivitis, tooth decay and bad breath
- Fungal and skin infections
- Antiseptic for nose and throat
- Quick solution for indigestion, e.g. stomach discomfort and flatulence
- Folliculitis, slashed skin, rash, dandruff
- Head lice (applying only externally)

Kinga F.: Grapefruit for the inside and outside

"My colleague noticed fungal lesions in several areas of his body, accompanied by severe inflammation. He moisturized the inflamed area with the following mixture every night after bathing: 4 ml of olive oil + 7 drops of Grapefruit. The inflammation decreased the very next day, and after 3–4 days the fungal infection was completely gone. He also applied 2X15 Grapefruit drops in his everyday drink. Moreover, he also found that it has a very good effect on psoriasis, because it dried it in a short time."

What else?

- Aromatherapeutically by mixing it into bathwater, inhalation and gargling
- Added to creams for eczema, acne, viral skin infections
- For deodorizing sweaty feet, intimate parts of the body, and disinfecting armpits
- As a general household antiseptic
- Disinfection of meat, fruit, food and natural preservative for fruit
- Safe for babies and not bitter, alcohol free
- Strictly diluted only if taken internally

Katalin Sz. : Friend of the throat

"My 14-year-old son was infected with a virus with a fever of 38.6 degrees, vomiting and a very aggressive, severe sore throat that he had never experienced before. We had a drugstore throat disinfectant at home, but it didn't help and even took away his appetite. The grapefruit seed extract arrived the next day. I put 20 drops in about 2 fingers of water and he gargled with it three times a day. On the next day, the severe pain was gone! However, he kept gargling for two more days just to be safe. Of course, he passed the virus on to the whole family, but we immediately started using the drops and got through the whole thing without any symptoms. We can never run out of Grapefruit, we should always have it at home!"

For more product experiences, click on www.biocomnetwork.hu!



Reg-Enor

significant weight loss with bread and dripping - and other benefits

Do you know someone around you who is trying to lose weight? And someone who has already tried it, but became disappointed?

Or maybe he succeeded temporarily, but due to the "yo-yo effect" he quickly gained the pounds back? Not to worry, we would like to introduce a phenomenal Hungarian product, Reg-Enor, which is accompanied by a surprisingly special, starving-free diet!



Did you know that achieving the ideal body weight...

... is a key issue? Overweight and obesity, which for example affect a significant number of the Hungarian population, can be a reason for a number of complaints. Sooner or later negative effects appear at circulation, blood pressure, sugar level, joints – just to mention a few important areas. Additionally, vitality is decreased and life can become heavier, literally! On the other hand, healthy, permanent weight loss at a normal pace raises self-confidence.

Weight loss and cleansing

Reg-Enor supports elimination of bile and healthy liver function due to its detoxification properties, it is beneficial for the whole body and an optimal weight loss aid. The body needs support with cleansing acidic waste from the body. The foreign matters must be emptied from the intercellular substances, and you can achieve a particularly good effect in this by consuming Reg-Enor. Its effect is complex, cannot be purely characterised as only a weight loss supplement. Although it is extremely effective in this area! Even specific weight loss clubs have been formed within Biocom's network with results of thousands of kilos lost! Not to mention the numerous positive anecdotal results in many serious and stubborn health problems (e.g. asthma, psoriasis, diabetes and joint problems). For more information on product experiences please visit www.biocomnetwork.hu, "Get slimmer with us" blog.

Not meat-free, starving-free

The above title indicates that you do not have to starve at all during the cure. If you can't give up meat, then this is your "diet"! In fact, it is mandatory to eat fatty food here... (And of course, stay away from sugar.) However, you can get detailed instructions in addition to the description on the product in the aforementioned blog of the website, based on practical experience.



Two weeks of total body cleansing: Total Body Cleanse

Would you like your body to ‘breathe freely’ from time to time? Would you strengthen your resistance by flushing out toxins? Do you have a bit more than two weeks for a thorough cleansing? If the answer to all three questions is yes, the Total Body Cleanse, Biocom’s special program, may be the right choice for you! The two-week Total Body Cleanse Program is a procedure recommended at least every six months, using four products to focus on six points and to renew your body, in the form of a kind of “fasting” process, but not in the sense of starvation.

Focusing on six points

We already have a kind of internal cleansing cure, the Intestinal Cleansing, which continues to play its role by focusing specifically on the intestinal tract, enhancing its peristalsis to cleanse the body of accumulated and deposited faecal matter and waste. The 15 Day Total Body Cleanse is more than that and different. It consists of four products designed to support and assist the body in cleansing the main excretory ducts (lymph, blood, liver, intestines and urinary tract) of unwanted excreta and toxins, also targeting parasites. Of course, it is not the product that detoxifies, but rather it tries to stimulate the organs that play a role in this.

Intestines and parasites: B-Guard

B-Guard (Bowel and Parasite Cleanse) can be the basis for one of the most important health-preserving therapies, bowel cleansing. It is made from herbs well known in folk medicine, with many ancient observations, which are believed to have a wide range of beneficial effects to promote regular bowel movements. This formula can reduce gas formation and bloating, while stimulating the emptying of old stools, not forgetting about parasites ‘along the way’.

Friend of the liver: L-Guard

As the liver is the organ that filters many of the toxins and pollutants we ingest, it is important to clean it. The same applies to L-Guard (Liver Cleanser) as to its counterpart above: it contains many well-known herbs, only this one focuses specifically on the liver. And just think what one of our most important organs has to deal with...

Attention to the lymphatic system: H-Guard

An overloaded circulatory system full of harmful substances can result in many different types of disorders. The herbal potential of H-Guard (Blood – Hema – and Lymphatic Cleanser) focuses specifically on the lymphatic system (and blood). It finds ‘opponents’ in abundance, and the key in this case as well is: prevention!

Urinary tract: U-Guard

The role of U-Guard (Urinary Tract Cleanser) does not need much explanation to the experienced consumer, since the cleansing of the urinary tract has been in focus until now as well. Now it is not presented separately, but as part of a complex cure.

More frequent toilet use

A cleansing cure can help get rid of many toxins. In addition to stimulating bowel movements in the morning, you may even notice a boost in energy over time, and if you experience gas or bloating – although the opposite is the goal! – it is advisable to supplement the treatment with the Candida Cleanse product. If diarrhoea is experienced while

taking B-GUARD, it is advisable to reduce the dose the next day, as self-control is important. The frequency of toilet use may increase, but 15 Day Total Body Cleanse is not a laxative and B-GUARD, for example, is designed to take effect at night, with the result that you may have more extensive bowel movements in the morning than usual.

More water, lighter meals, greener drinks

While there is no need to make major changes to your diet, a general guideline is to focus on a healthy lifestyle during this process. It is not a classic fast, but if possible, eat more vegetables (raw whenever possible), leaner proteins such as chicken and fish, and drink plenty of water during this period. During the course of the cure, it is very important to stay sufficiently hydrated, preferably with purified water readily available in Biocom households, with 2-3 litres per day calculated for adults. Instead of sugared juices, the use of ‘green smoothies’ is desirable, for which the range of products offers many ‘fixed points’ (Immun Supreme, KetoGreen), for example flavoured with vitamin C drink powder. Alcohol consumption may reduce results.

Possible benefits, with attention paid

During the discharge of toxins, we may experience temporary, usually quickly disappearing discomfort. Individual sensitivities may vary, but there is a good chance that the substances leaving the body may even be reflected in a minimal loss of body weight, although this may serve as more of a foundation, giving room for possible better absorption and thus a real weight loss cure. Biocom is good at this too: Slim40, iShape, or in other ways, but the Reg-Enor cure, which involves a complete lifestyle change, may help. For such a therapy, there is no question: it is advisable to consult a doctor before using any of these products, and they should be avoided during pregnancy and breastfeeding. It is recommended at least twice a year and is certainly not a substitute for a balanced and varied diet. And while probiotics are recommended for everyone, after completing the 15 Day Total Body Cleanse, it may be helpful to take SCD Herbal, Flora Plus, Mikrobiom for a healthy intestinal flora.

Eat healthily, in the spirit of prevention!

Detoxification is fundamental

We are inundated by chemical substances. Foodstuffs (including: preservatives, emulsifiers, flavour enhancers...), chemicals, cleaning products, and even medicines are part of our everyday life instead of real food, natural preparations and medicines. Poisons come from our plate, from our water, from the air – from everywhere. It is clearly hard to stay away from the harmful effects even if we are trying to consciously avoid these. Hundreds of millions of tons of chemicals are produced by the “machinery” every year, and we are full of plastics, paint products, pesticides, etc., more and more of which are found to be cancerous. We don't even know about the rest... A body full of toxins also affects our mental state, therefore regular cleansing is fundamental (also on a spiritual level...).

Biocom aims to offer you a solution for the physical part. (Please note, that it cannot be taken during pregnancy and breast feeding and it is advised to stop taking it in the event of severe stomach ache or diarrhoea.)



Intestinal Cleansing Program

A program that cleans your intestines

In the intestinal cleansing blog, we have already introduced you three products that may help regulate bowel movements and cleanse the intestinal system to some extent. However, the Intestinal Cleansing Program is a more in-depth, longer course that lasts 10 days and may be carried out every 3 months. Did you know that even a healthy bowel can contain 1.5 kg of faeces?

- Within 12–24 hours from taking the product, intensive peristaltic waves help cleansing the body from accumulated faeces and waste.
- It alleviates flatulence.
- It may increase energy level.
- Completing the program may result in losing even kilograms within a few days.

It contains natural laxatives, fibers and herbs that calm bowels and its Acidophilus content keeps the level of healthy intestinal bacteria at an optimal level. Can be complemented with Para Cleanse and Detox Formula products as well!



Detox Formula

For liver cleansing

It is a classic liver cleansing preparation, which is perfect alongside Para Cleanse and intestinal cleansers (Intestinal Cleansing Program, Colon Health). Its name can only be misleading for a shallow person: it is not a “hangover” stimulant, because, contrary to its name, it is a very diverse, beneficial product. Its special ingredients help to detoxify the body one by one and thus contribute to a healthier life. It is specifically recommended for those who abundantly or regularly consume alcohol or drugs.



Para Cleanse

Antiparasitic preparation

32% of people have parasites in their bodies! Parasites affect our organs by releasing toxins that burden the liver and kidneys. This can cause organs to become sluggish, which in turn can cause weight gain, fatigue and irritability. Para Cleanse contains key herbs along with other important nutrients that may kill parasites in the body. Complement it with some peristalsis enhancer!



Candida Cleanse

Anti-candida product

One of the most effective solutions for fungal complaints (e.g. Candida strains).

Possible effects may include the following:

- May support the intestinal flora formed by friendly bacteria and may help in chronic digestive problems.
- May boost and normalize metabolism, regenerate intestinal villi, clean the absorption surface and detoxify the body.
- Antibacterial, antiparasitic, especially recommended to prevent vaginal yeast infections and bowel complaints.

Its ingredients contain the following: Oregano, Caprylic acid, Protease, L. Acidophilus, Cellulase, Aloe Vera juice, Arabinogalactan, Aniseed, Reishi mushroom, Black walnut shell, Wormwood.

Gut flora and digestion

...that may be closely related to each other. Have you ever overeaten? Have you ever took antibiotics? What about the importance of strengthening your immune system? Have you heard of the fact, the foundations of a strong immune system lie in healthy gut flora and bowels? If the answer to the questions is yes, we are happy to offer you three products. Their common feature is, that they are strongly recommended by naturopaths. Keep them in your medicinal cabinet!

“Good” bacteria?

Absolutely! Millions of bacteria live in human bodies. Thanks to “good” bacteria, humans are able to digest food, produce some vitamins and protect themselves from infections.

Role of enzymes

Enzymes free up vitamins, minerals and amino acids from food. These are essential for the smooth functioning of the body and for a (healthy) life. However, our body gets these almost exclusively from raw and green foods and fruits. And let's be honest: when do we consume these and how much?

And if so, we kill these by cooking or baking.

If there is a deficiency...

Severe deficiency may lead to serious digestive issues and complaints leading to illness. Flatulence, diarrhoea and constipation, later weight loss, weakness and immune system problems that lead to chronic ill health. Dreadful! It must be awful to experience it! Not only that, it also has a role in getting old too early...



Flora plus (Probiotic complex)

It contains seven digestive probiotics trains to bring balance into the gut flora and regulate digestion. It has around 4 billion live microorganisms. With its large number of bacteria, high concentration and protective qualities Flora plus is the leading probiotic product on the market containing Lactobacillus Acidophilus.

It has a role in the following:

- rejuvenating gut flora
- complementing detoxification
- alleviating digestive, bowel complaints
- outstandingly supporting the immune system



Digest Complex Digestive Enzyme Capsules

Its main effects may include:

- Digestive aid, improving bowel movement following a heavy meal, preventing flatulence, nausea and spasm
- Aiding digestion of dairy products, regulating bowel movement (diarrhoea) and alleviating skin rashes

Intestinal cleansing on a wide scale

"Death begins in the gut" thanks to either Hippocrates or Paracelsus for the great learning, many people quote it. For a reason! Please pay attention to the fact, that the topic is closely related to detoxification! So this is not a HINT, but an important suggestion. Read more about the topic there as well! However, let's stay with the intestinal system first, keeping it clean is of fundamental importance. (See also: gut flora and digestion sections).



Problems with defecation

Many people around the world struggle with the problem. (Going to the toilet at least once a day?)

Before taking it too easy, you should be aware of the fact, that due to improperly regular bowel movements, waste products stay in the organism unnecessarily, and its toxins may also return to the bloodstream. A low-fiber lifestyle, little physical activity, inadequate metabolism – you hear about the causes all over. If you are at a loss, we still have some hints on what to do. That's it: take it in.

Natu-Lax (ensuring easy defecation)

Laxative with prickly aloe, senna leaf, cascara sagrada, fennel, African bird pepper.

Possible benefits are the following:

- May have a stimulating effect on bowel movements, but at the same time may inhibit the absorption of water and minerals through the large intestine
- May increase the movement of muscles in the stomach and intestines, and it may also have an antispasmodic effect, helping with flatulence, intestinal gases and cramping abdominal pain
- May stimulate digestion and blood circulation
- May detoxify
- May normalize metabolism
- May strengthen the immune system

Dosage: start with 1 capsule or maximum 2 per day, in the evening, with plenty of liquid. Please note, that it cannot be taken during pregnancy and breast feeding and children cannot consume it either.



Refresh the body with SCD Herbal

Your body is constantly exposed to external and internal influences, most of which are harmful. You must be prepared against these, such as various pathogens (bacteria, fungi or viruses) taken in with food. SCD Herbal may help you achieve a continuous readiness, which, becoming part of your everyday life, may support with beneficial bacteria.

Among the bacteria there are probiotics, namely beneficial ones, which also make up the intestinal flora and support the immune system.

Needed probiotics

With today's lifestyle, you don't naturally get as many probiotics as decades ago, as a lot of processed finished product is consumed that do not contain enough „living food“. Therefore, it is worth ensuring the access of probiotics in other forms in sufficient numbers and maintaining species diversity on a regular basis. Thus, the consumption of probiotic supplements is not only recommended in case of problems, as a cure, but rather we would draw attention to the importance of regular and continuous consumption.





VITA-REG+ FOR GOOD DIGESTION

Versatile, complex dietary supplement

What is one of the most important things for health and a quality life? Many people unanimously agree (and have experienced...), that this is the normal functioning of the gastrointestinal tract. Who hasn't heard in their immediate surroundings that the absence of these can even cause serious problems, making everyday life miserable? In response to this, Vita-Reg+, a Hungarian-developed product, was created, the regular application of which provides versatile help in maintaining the normal functioning of the body.

The goal is good digestion!

Expert product developer: Dr. Gábor Simonyi

There is a considerable experience and expertise behind the product, registered by the chief physician Dr. Gábor Simonyi, PhD, the Head of Department of the Metabolic Centre of Szent Imre University Teaching Hospital. He has been working as an internist and then as a cardiologist for decades, but, among others, he also has certification exams as a diabetologist and an obesitologist. It is good to know about the latter that it covers a relatively new field, the science of obesity. The healing specialist, who was awarded the Metabolism Prize in 2014, sees exactly what problems his patients are struggling with in everyday life, which is why Vita-Reg+ was created.

What can Vita-Reg+ do?

It helps to relieve! It applies the power of peppermint, which is also popular in medicine, it plays a role in normal bowel function and digestion, and also has a positive effect on bile emptying. Biocom members already know how important that is in the context of a lifestyle change cure... However, in addition to peppermint, it has four other important ingredients, which give the "plus" being present also in the name of the product. Let's see what the individual ingredients are capable of according to the literature, the effects of which naturally add up in the drops. In addition, the preparation contains 100% of the daily recommended intake concerning each micronutrient.

Peppermint, zinc, biotin, chrome, selenium

- Peppermint relaxes smooth muscles and has a favourable effect on bile function. Menthol is able to prevent the entry of calcium into the cells, thus it has a muscle-relaxing effect on spasmodically contracted gut muscles. Peppermint is also applied in case of flatulence, diarrhoea, nausea, digestive discomfort, and irritable bowel syndrome as well. In addition, it is used to treat menstrual cramps, depression-related anxiety, muscle and nerve pain, and the common cold.
- Zinc contributes to the proper functioning of the immune system. It participates in the healthy metabolism of fatty acids and carbohydrates. Zinc is also an antioxidant and supports the health of bones, hair, skin and nails.
- Biotin (vitamin B7) contributes to the normal condition of hair, skin and mucous membranes, the functioning of the nervous system, and the maintenance of normal psychological function. Biotin deficiency can lead to many diseases, which have many symptoms...
- Chrome participates in the normal macronutrient metabolism, and it also helps manage normal blood sugar level.
- Selenium supports various life processes for normal immune system and proper thyroid gland function, as well as for cell protection.

Can be recommended to everyone

And perhaps, what is NOT in the product is also of great importance, these are the following: genetically modified substance, lactose, carbohydrates, gluten, flavouring, colourant. So, it can really be recommended wholeheartedly to everyone. It is easy to use, 5–10 drops should be taken 3 times a day during or after meals – regularly.



Lactase Enzyme tablet: here is the help for those who are lactose intolerant!

The tablet containing Lactase enzyme helps lactose intolerant people with digestive difficulties caused by milk consumption.

Lactose intolerance is actually the lack of a digestive enzyme, since your body needs a digestive enzyme, Lactase, to digest milk sugar. The dietary supplement preparation containing Lactase enzyme helps people with lactose digestive difficulties.

If the enzyme that breaks down lactose is not enough

Milk consumption can cause various digestive disorders if the enzyme that breaks down lactose is missing or if its production does not function properly. Symptoms include flatulence, spasmodic abdominal pain, diarrhoea, nausea or malaise. Lactose intolerance is the inability to break down lactose, which is a type of sugar found in milk and dairy products. This is due to the lack or low level of Lactase enzyme, which is necessary for breaking it down.

Who is it recommended for?

Its consumption is recommended if someone is lactose intolerant or if the consumption of large amounts of dairy products causes digestive disorders. Active ingredients in 1 tablet: Lactase (Beta-galactosidase) enzyme (*Aspergillus* sp. 65000 UG) – Lactase enzyme 76.923 mg.

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SLIM

for your slimness...



Glucomannan contributes to weight loss within the context of a reduced-calorie diet. This is the most important statement that can be said about the product, and what is most delightful, it can also be officially written on the label! Glucomannan is the most important ingredient of Slim40. In short, Biocom's brand-new preparation can greatly help weight loss, if the dieter himself takes action for it by eating carefully, reducing the number of calories and possibly incorporating exercise.



Beneficial effects of bulking fibers

It has a fantastic capability, as soon as it is mixed with water, it becomes gelatinous, thus filling the stomach, because the fiber absorbs the water. While it "passes" through your body, it stimulates the functioning of the intestines and stomach, moreover, according to consistent sources, it can also normalize blood sugar level and aid digestion. In addition, due to its fiber content (which has long been known to be important in many aspects of the diet), it can also contribute to detoxification. In this sense, therefore, it does not "bring", but rather "takes away".



It is extra delicious. Sour cherry or pear?

Biocom offers Slim40 in two flavours, in a package containing 40 days' dose, which should be taken with plenty of liquid (preferably purified water...). The drink powder is available in sour cherry and pear flavours, and those who have tasted it will not be able to put it down even if they are not on a diet any more, because it is simply delicious! Because of its beneficial effects, it is not only recommended for those who want to lose weight.

Increases satiety, reduces hunger

Since the gel-like substance fills your stomach, the feeling of hunger is also reduced. It literally fills you up, so your calorie intake is normally reduced - why eat when you're full? And since this process is relatively slow, the pleasant feeling of satiety lasts longer. However, since the product works "within the context of a reduced-calorie diet" and helps to reduce body weight, it is not a "miracle cure" that allows, for example, eating sweets or binge eating. Nevertheless, with a drop of self-control, it is a brilliant complementary tool, especially if you can combine it with exercising. This is helped by the fact that L-carnitine, green tea, collagen, vitamin C and zinc are important components of the popular dietary supplement. And chrome and choline, and the list could go on - you can find more details on the label and in the webshop.



SLIM40

BURN

Slim40 Burn is a diet supporting preparation

The product family has been extended by a new capsule that initiates fat metabolism. SLIM40 Burn is a preparation that supports diets and cures, which is a perfect complement to the original slimming drink powder. In fact, it can speed up the process while it may energize!

It is recommended to consume it in the morning and during the day, possibly before meals, or about 30-60 minutes after consuming the Slim40 drink powder that replaces meals, with plenty of liquid. The pack size 60 contains an amount enough for one month. Of course, you shouldn't expect that the kilos will melt off just by the preparation itself... Since it helps to initiate fat metabolism, it is a perfect complement to the Slim40 slimming drink powder for those who wish to lose weight or be on a diet. Thanks to its complex active ingredients, it can help the process in several ways. All this is carried out without various stimulants that would raise blood pressure. Thanks to its effect of reducing carbohydrate and fat absorption, it is a product recommended for classic meals and/or the Slim40 diet. In addition, it may also have an indirect energizing effect in connection with lifestyle changes.

With chrome and plant extracts

And how does it achieve the positive effect? You may not have heard much about chrome until now, although in addition to participating in the normal macronutrient metabolism, it also helps manage normal blood sugar level. L-carnitine may be familiar to everyone who exercises his body in some form - and in any case, we point out that, in addition to reducing the number of calories, incorporating exercise is never a drawback if you want to slim down... White kidney beans are also popular and should not be unknown to those who are familiar with the marvellous world of healthy lifestyle, but the name of green tea also sounds good on the topic (adding that the product is caffeine-free). Chitosan complements the basic properties of the drink powder well, while, for example, black pepper and grape seed extract are two important components of the product - they don't need to be introduced.

New levels of healthy snacking with **Biocom** sweets

We can be sweets lovers, yet at the same time be aware of the choice of chocolates! Those who have already tried Biocom's range of fondant candies will know that the (almost) fully allergen-free delicacies give you a special taste experience, while being as little as possible classified as 'sweet treats' in the traditional sense of the word. Biocom already offers several product lines dipped in Belgian sugar-free dark chocolate. Guilt-free pleasure!

SLIM product line (with higher than average fibre but reduced carbohydrate content, for workout/weight loss):

- Salted-roasted almond bar with L-carnitine,
- Black forest bar with L-carnitine,
- Curd-lemon bar (classic flavour, but not the vegan version).

Protein product line for an active lifestyle (reduced carbohydrate, but higher protein content, for those who exercise):

- Brownie protein bar – like a "cocoa cookie",
- Pistachio protein bar – with real pistachios.

Product line with fruit-multivitamin content for extra energy (with higher carbohydrate contents naturally occurring due to dates):

- Apple-cinnamon collagen bar – with collagen,
- Forest fruit vitamin bar – with multivitamin.

And an unmissable offer if you want to get up to speed:

Coffee energy bar – with slow-absorbing coconut blossom sugar.

These are all gluten-free, colour-free, soy-free, GMO-free, added sugar-free bars, and with one exception – curd-lemon – they contain no milk or lactose, so they are perfect for vegans, too!





Biocom iShape: encapsulated willpower for body weight control - get in your best shape by reducing the sense of hunger!

Biocom has been at the forefront for years by providing better and better treatments and products that help with body weight control or even involve a complete lifestyle change. DNF-10[®] is the basis of the brand new iShape capsule - which can be marketed exclusively by Biocom in this form - and which can help people achieve their goals by controlling the appetite.

Make you believe the sense of satiety!

The basis of the Biocom iShape capsule, the patented DNF-10[®] ingredient, is an active part extracted from yeast, which affects the sense of satiety, thus helping disciplined users to reduce calorie intake and body fat mass. The internationally protected patent has already helped many users to overcome this difficult challenge.

It acts in two places at the same time, reducing the appetite

DNF-10[®] - whose mechanism of action and clinical benefits for body composition are supported by more than 10 years of research - acts simultaneously on two appetite-regulating hormones, thereby reducing appetite. The current level of **ghrelin** ("hunger hormone") changes according to the level of satiety in our stomach. And the level of **leptin** ("appetite regulating or satiety hormone") is an indicator of the body's energy state. Directly before eating main meals, DNF-10[®] significantly reduces **ghrelin** secretion, and also contributes to maintaining the release of **leptin** from fat cells.

Hack your sense of hunger!

DNF-10[®] reduces food ingestion - this impressive-sounding possibility is the basis of the capsule's operation, which of course requires the conscious user who does not eat when he is finally not hungry... Let's get rid of dietary stereotypes and don't forget to take the iShape capsule twice a day, preferably before the main meal. Many people around the world have already succeeded: all it requires is attention and consciousness. iShape is not a matter of faith, but the result of decades of consistent research effort!



Green coffee beans decreasing and increasing...

...this is its result. In other words, your weight is decreasing, and your energy level is increasing. And both happen at the same time! Two important components ensure the effect. Green coffee beans and green tea.



Have you heard of chlorogenic acid?

It inhibits the absorption of glucose in the small intestine and the release of glucose from the liver into the circulatory system. This way, less glucose enters the bloodstream, so the body begins to break down fat cells to obtain energy, i.e. the amount of body fat begins to decrease. Does it sound good...? (It's in the green coffee bean.)



And what else is included in the product?

- Apple cider vinegar, which may help digestion and speed up metabolism.
- Seaweed, which may help normalize thyroid function (iodine!), thereby normalizing metabolism.
- Caffeine, which may help the use of fat as energy.
- African mango, Acai Berry (among others), which may help with appetite-reducing effect, energizing, metabolic acceleration and important micronutrients.

EGCG, as an active ingredient

Its full name is Epigallocatechin gallate, it originates from the family of polyphenols. It helps normalize cholesterol and blood sugar levels, has a diuretic effect, and promotes detoxification. (And it's in the green tea.)



Pay attention to prevention of diabetes!

Diabetes is also called a "silent epidemic", which claims victims in large quantities, above all making everyday life difficult with numerous complications. Type 2 diabetes, which includes 80–90% of those affected, is often the result of years of obesity, poor nutrition and lack of physical activity. That is why the importance of prevention is indicated in the title!

Did you know...

...that worldwide, the number of people with diabetes reaches hundreds of millions (approximately half a million in Hungary), and more than four million people die every year as a result of this disease? Long-term complications may include cardiovascular disease, kidney, nerve, eye and foot damage, skin and oral diseases, osteoporosis.

BLD Sugar Balancer capsule for optimizing sugar level



According to the state of the medical science today, none of this can be cured, and the product itself is primarily recommended for targeted, occasional use to optimize sugar level. The role of the right lifestyle is of great importance! It is a mixture of herbs and nutrients that may help the body maintain healthy blood sugar level, thus preventing the development of diabetes. It may also be taken by patients with pre-existing insulin-dependent diabetes – only under continuous blood glucose monitoring. Its herbal ingredients may remove excess sugar from the body with particular efficiency, strengthen the spleen and pancreas, and be useful in case of insulin resistance. Due to its composition, it has a very diverse effect.

If you are taking insulin or a blood sugar-lowering preparation, you must consult your doctor and measure your glucose level regularly!



Magnesium Bisglycinate for balanced, restful sleep and tranquillity

For those who are just tossing and turning instead of sleeping, and are stressed and overwhelmed during the day, we have good news: Magnesium Bisglycinate, the dietary supplement capsule containing organic magnesium, a product supporting healthy, restful sleep with natural active ingredients, has arrived.

Magnesium Bisglycinate is a salt of magnesium formed with the glycine amino acid, it is an organic magnesium source. It is one of the best incorporated magnesium compounds, a vital electrolyte. Its health-protective effects are widely prevailing because it participates in normal energy-yielding metabolism.

Calming, stress relief

Glycine is one of the most important and simplest, non-essential amino acids in humans. It is a calming, sleep aiding active ingredient in itself, and when combined with magnesium, it can effectively complement its stress-relieving effect. It can be taken at any time of the day, even during your meal, but since glycine also affects sleep, the two preparations can provide calm, restful sleep extremely effectively.

When can it help you?

Magnesium contributes to the proper functioning of the nervous system, the maintenance of normal psychological function, healthy muscle function, the maintenance of normal bones, and the reduction of tiredness and fatigue. According to the product developer, it can help in the following cases:

- In the event of insomnia and other sleep difficulties.
- In situations of frustration and anxiety.
- At the same time, it is strengthening the nervous system excellently during periods of stress.

Vitamin D

Nine out of ten Hungarian people have vitamin D deficiency

And this is not stated by us, but the result of a first, global, representative survey! The Hungarian medical community is increasingly committed to exploring and tackling this problem, for which we are grateful. We indicate the fact quietly, that Biocom's active members have been advocates of the case for a long time, which has now been verified by highly regarded surveys. You may rest assured that the key to this is in our hands (more specifically, in our stock) and available in many formats. All you have to do is take the recommendations seriously – and supplement the required amount accordingly.

It's a problem, if there is a deficiency...

Supplements are especially necessary from October onwards. The reserves from the summer become drained by then. Our sunlight vitamin stocks stored in the summer are exhausted in about 6 weeks. Consequently, Vitamin D level can fall dangerously low during the autumn-winter months or even by the end of October to November, which can lead to serious health risks. Vitamin D itself is a precursor of a vital hormonal substance that plays an important role in healthy cell development.

Its deficiency may cause cardiovascular diseases, osteoporosis, immune system deficiency, or even diabetes, but can also increase the risk of tumours and hematopoietic diseases. Due to its importance in cell development, it is crucial to maintain normal Vitamin D level in children who are unable to receive enough Vitamin D, because of the unavoidable use of strong sun creams during the summer. Equally, many children do not consume enough Vitamin D rich food and drink during the winter months.

To sum it up, **Vitamin D: all year round!**

Vitamin D, in drops: Liquid D3 has arrived!

The vital vitamin D is part of Biocom in a new form, now you can also drip it!

The range has been expanded by food supplement drops containing vitamin D, so if you want to take it with the flavoured MSM water containing vitamin C, for example, instead of capsules or chewing tablets, you already have the opportunity for that. In addition, each drop contains 2500 International Units (IU), so it's really easy to solve the daily supply!



GENTLE BLUE IODINE DROP

There is no more iodine deficiency at Biocom – the new product may help a lot in prevention!



It is a huge misconception that only the thyroid gland needs iodine! It is claimed by István Jakab, the developer of the new product distributed by the Biocom network, and then he also adds, based on research results, that 90% of Hungary's population is iodine deficient. And what is the solution and why is iodine needed? This is also evident from the following thoughts written by the expert who calls himself a "health investor". We have the Gentle Blue Iodine Drop, the liquid dietary supplement containing iodine, in our hands, let's take advantage of the opportunity!

Iodine is an element as well as a vital micronutrient. According to István Jakab, health cannot be sustained in the long term without special iodine supplementation, especially in case of women (they have much more iodine-requiring organs). Especially if we take into account the toxic substances in our environment today, and the resulting increased demand for iodine. If we take iodine, it can act as a protective factor against a significant number of toxic compounds.

If the thyroid gland already indicates, the need is urgent

And before we think, based on our previous knowledge, that "if it's iodine, then it's the thyroid gland", the expert notes, that in terms of iodine consumption, the thyroid gland really enjoys priority (because it produces hormones that are essential for life), but the genitals, for example, need it just as much. However, when it already "indicates" that something is wrong, all our other organs that need nutrients have been "starving" for years, even decades! So, it's not an argument, that "I don't need iodine, because I don't have a problem with my thyroid".

NOT only thyroid gland needs iodine!

Iodine is essential – also for weight loss. István Jakab adds, that in many cases, the reason for the stopping of weight loss diets is the underfunctioning of the thyroid gland. Because of this, dieters are not able to achieve further weight loss, as a result of the slowed down metabolic processes.

Our organs are thirsty for it

Below, based on the product developer's check list, we give you an idea, for which of our organs iodine is especially important. At the same time, the question of what role Gentle Blue Iodine Drops can play in prevention, as serious problems can arise as a result of its deficiency... Thyroid gland, adrenal glands, prostate, testicles, ovaries, breasts, pancreas, liver, stomach, intestines, brain, salivary and lacrimal glands, heart, skin – but also essential for the immune system and during fetal development.

What is the solution?

According to István Jakab, Gentle Blue Iodine has such a fantastic property that it cannot be overdosed. When the body no longer needs iodine, it is simply excreted via the urine and does not cause any side effects. Of course, those struggling with thyroid problems should ask their doctor's opinion before using the product! It got the name Gentle Blue Iodine because it can really control our iodine household in an adaptive way.

Vitamin C

One of the most important vitamins

Vitamin C is one of the most important vitamins to strengthen the immune system. Especially due to its antioxidant properties it is the main foundation of good health. Vitamin C was discovered by the Nobel prize winner scientist Albert Szent-Gyorgyi. Its benefits for colds have been widely researched and it is known that vitamin C is essential to prevent and treat scurvy.

Good to know that vitamin C...

- Is an antioxidant
- May support healthy skin
- May make the body resistant to infections
- May be an effective pain relief for example in the management of arthritis
- May play an extremely important role in the immune system and healthy nerve functions
- May also be important in hormone synthesis and maintaining good energy level
- Furthermore, it may be essential for skin and bone health
- Last but not least it may aid iron absorption.

Also, it may

- Protect the gum and teeth
 - Have a key role in healthy metabolism
 - Have a very important role in the formation of capillaries, bones, cartilage and tendons.
- Its deficiency may cause bleeding, gum disease, bone and muscle pain, anaemia and infections. Especially recommended for smokers, expectant mothers, during illness and during exercise to maintain antioxidative protection.

How much to take?

Official recommendations still suggest 60mg daily. However, according to some publications Albert Szent-Gyorgyi took minimum 1000 mg daily, even 8–9000 mg when he was ill, but there are other scientists who took a minimum amount of 10,000 mg per day. They all lived 90+ years... What seems certain, it depends on age, gender, lifestyle and body weight. It is recommended to divide the daily dose for better absorption, however, excess will be eliminated through urine...

Drink it or eat it? There is no other question...

Because Biocom offers the essential vitamin C in particularly tasty drink powder and also in easy-to-swallow veggie capsules.



C-1000 Capsule quick supplement in large quantities!

- with citrus bioflavonoids (valuable substances extracted from the biomass left over from citrus fruits to help absorb vitamin C)
- 1000mg of vitamin C in a vegetarian capsule, without excipients



MSM C Drinking powder strengthened with vitamin D

real lemonade!

- New look, fresh content.
- Dietary supplement with lemon flavour, vitamin C, vitamin D3 and MSM, containing sweeteners.
- It is made with stevia extract, in the spirit of renewal.
- Organically bound sulphur (MSM) may play an important role in the structure of cells.
- The importance of vitamin C has long been known.
- The importance of extra vitamin D content has increased.
- It is easily absorbed.
- A pleasant soft drink can be made from it in seconds.

Flavonoid Complex

delicious and effective

What are flavonoids?

Flavonoids are **non-nutritive** components of food, i.e. they have no nutritional value for the human body. Flavonoids are antioxidant, anti-carcinogenic and anti-inflammatory components of, for example, vegetables and fruits with an overall health-protective and disease-preventing effect. Among the fruits, the most significant sources are berries. (See Flavonoid Complex ...)

It is worth consuming a dietary supplement with such content for the following reasons:

- Anti-oxidant effect, free radical scavenging
- Anti-inflammatory effect
- Anti-asthmatic and anti-allergenic effect
- Antiviral, antibacterial effect
- an effect influencing the functioning and condition of the blood vessel system

Flavonoid is shown by its colour, man by his friend...

Such a preparation is valuable if it preserves the original colour of the valuable fruits it contains. An important ingredient, Kombucha concentrate, helps also in this, as it does not allow them to enter into chemical reactions with each other, so it also makes sure that the ingredients retain their antioxidant capacity individually.



What else is included in the Flavonoid Complex?

Everything that we enjoy eating anyway. The flavonoid content of 9 fruit juice concentrates is included in it, such as: rosehip, sloe, cranberry, blackcurrant, sour cherry, black elder, service berry and blackberry fruit juice concentrate, blue grape skin extract.

High TAS value

Based on authentic measurements, this preparation has one of the highest TAS values! (Total Antioxidant Status: i.e. the antioxidant capacity within the body.)

Kindervit, the favourite vitamin drink powder of children and adults!



It's delicious, full of health, you can take it with you all day long in you clean water – what could it be? The answer is the exclusive Kindervit, the orange and tropical-fruit-flavoured, sugar-free, multivitamin food supplement drink powder with sweeteners, for adults and children!

Rich contents

What is hidden behind the pleasant appearance resulting from beta carotene, delicious taste and cheerful packaging? For example, an extra dose of vitamin C, 1605 mg (namely 2006 percent!) in one measuring spoon of powder. In addition, it contains much more than average of several types of vitamin B, and for example, of vitamins E and D2, moreover, the zinc, iodine and selenium contained in it also do a lot to make great progress in the supplement of beneficial substances - both for children and adults.



Healthy and sweet

Kindervit is delicious because of erythritol and a little sucralose, so those who are on a diet or want to take care of their child's health can freely plan with it. After all, it was created for this reason! All you have to do is dissolve the 6.3 g powder, which can be dosed with the measuring spoon, in 200 ml of cold water. The box contains one month's dosage. Here is the Biocom soft drink, which, when mixed with pure water, can turn rehydration into an experience for the whole day! Good health and pleasant refreshment!





Coenzyme Q10 better than fresh well-water!

Coenzyme Q10 molecule (ubiquinone), was discovered in 1957 and Nobel-prizes were awarded for the research in this area. It is proved to have a role in maintaining good energy level also to reduce oxidative stress (formation of free radicals) by its general anti-oxidative effects. Do we wonder it is more and more popular?

If there is a deficiency...

Level of Q10 in the body varies individually and dropping levels may cause serious symptoms and conditions as follows:

- in benign cases, chronic fatigue
- in more serious cases, it may be the cause of cardiovascular diseases,
- Q10 supplementation may reverse cardiac muscle tissue disorders that is a natural consequence of decreased Q10 production due to aging.

How much should we take?

For prevention:

- Between the ages of 20 and 30, 30 mg per day in the morning;
- Between the ages of 30 and 40, 90 mg per day in the morning;
- Between the ages of 40 and 50, 150 mg per day evenly divided in the morning and in the evening;
- Over the age of 60, 150–300 mg per day evenly divided in the morning and in the evening.
- Therapeutic dose: up to 150–400 mg per day!

Rejuvenation

Amounts of coenzyme Q10 is naturally decreased in the body with aging. There is a presumption that Q10 may be one of the components of the recipe to stay young therefore it is strongly recommended to supplement as you get older!



Have you heard, that...

...Q10 can play a significant role in prevention of heart conditions because arteriosclerosis as a risk factor is a main cause of cardiovascular diseases? Heart attack and stroke and many serious vascular problems are caused by oxidised deposits on the internal walls of the blood vessel. Q10 with its antioxidant qualities reduces these risks.



It's important.

The body's endogenous ubiquinone production does not decrease even if coenzyme Q10 is supplemented externally, in the form of dietary supplements!

Q Vital for the heart and circulation

It may

- decrease the likelihood of heart attack by strengthening the heart.
- It is beneficial during treatment and aftercare.
- It may have a beneficial effect on circulation and reduces high blood pressure.
- It may regenerate the tired body and healthy energy level is achieved.

Liposomal coenzyme Q10 with vitamin D3



Biocom's new dietary supplement capsule doesn't actually need any strengthening characteriser adjective if you know what the product name means. Nowadays, Q10 needs no explanation, vitamin D is also a basically known element. And why is Lipo-Q10 really special?

Better bioavailability

As can be read on the label, thanks to the liposome technology, the vitamins have better bioavailability than traditional vitamins. Q10 is a substance found in cells, especially in their mitochondria. It is produced in sufficient quantities in the body at a young age, but with advancing age, its quantity begins to decrease significantly, so it is advisable to supplement it. The product developer also informs that with this technology, Q10, which otherwise only dissolves in fat and has a crystalline structure, can be effectively absorbed in this form. Q10 in this version can be found rarely on the market, which Biocom confirms by providing it packaged in a veggie capsule.

Big dose of both

And we have known for a long time that vitamin D is necessary for the proper functioning of the immune system. Biocom offers this essential substance in many forms, which plays an important role in the formation and maintenance of the normal structure of bones and teeth as well. It is also necessary for the absorption of calcium and its incorporation into the bones, and plays a role in cell division. And important factor is, regarding this new dietary supplement capsule as well, that it can be ordered in a pack size of 30 pieces. And since it contains coenzyme Q10 in a particularly high (100 mg) dose, which is not at all common, and a significant 2,000 international units of vitamin D is included in it, it can be stated, that it has a brilliant career ahead of it!

We are happy to help with a kind HEART!

You are only as old as your arteries – according to the saying. Do you do anything for it?



Do you know,

that constant stress, malnutrition and excessive carbs, acidification and sedentary lifestyle does not serve our arteries? Hands on heart (hopefully as fit as a fiddle)! Do you do everything you can to prevent disease?

Calcifying, narrowing

Arteries transport oxygen and nutrients to the cells and tissues if they are flexible and strong. Fats, calcium, platelets are deposited on the choroid (walls) that clog up walls of the arteries making them rigid. Furthermore, putting extra pressure on organs, raising blood pressure and decreasing blood flow to the organs. Full occlusion may lead to heart attack or ischemia of the heart.

It is well-known that cardiovascular diseases are the number 1 cause of death. Nowadays, in addition to cancer, diseases of the circulatory organs, heart and blood vessels occur most often. At 40 years of age every two men out of three and every second woman has a chance of developing cardiovascular disease. In Hungary, for example, the situation is even worse, the cardiovascular mortality is about 45% higher than the European average. Healthy lifestyle is key in its prevention.

As follows, we will show you some information on a few products that have already proved their benefits in these areas. The health of today's people is primarily threatened by diseases of the cardiovascular system.

We are truly happy to help with a kind HEART!

Circuline supplementation is widely recommended for anyone over 25 for prevention, but especially for those with weak circulation or heart troubles. 2–3 months supplementation is recommended together with Q10 products. (Essential to seek individual advice from your GP if you are taking any medicines for your heart).

Main ingredients are Niacin (vitamin B3) and ginger root extract, and also the following:

Mayflower extract Is beneficial for heart muscle and coronary arteries, may provide more blood supply to them and may improve tolerance for oxygen deficiency, may improve the health of the arteries.

Butcher's broom: May increase tonic for vein walls, may reduce permeability of arteries.

L-Arginine: May reduce high blood pressure, may boost circulation.

Cayenne pepper: May increase blood flow, may regulate blood pressure, may stimulate circulation.

Diosmin – venotonic flavonoid: strengthens capillaries: strengthens capillaries.

Horse chestnut: It may have a beneficial effect on arteries, may strengthen wall of the blood vessels, may prevent thrombosis.



Circuline

A product for healthy veins and boosting circulation

The health, cleanness and elasticity of the walls of blood vessels greatly affects our life, because aortic stenosis and arteriosclerosis can be a cause of many illnesses. With the short recommendation of three of our products we indicated that Biocom is aware of the failing statistics in disease and the situation. However, one preparation should be specially highlighted, including the details of the problem as well. This is a special product called Circuline, which, due to its rich composition, may be unique in the protection of the vascular network!

Did you know...

that our diet largely contains Omega-6 and Omega-9, which has the opposite physiological effect of Omega-3? Omega-3 fatty acids cannot be produced by the body, so its regular supplement is reasonable.

More information on the next page, please TURN PAGE!



Krill Oil

The new generation of Omega 3 fatty acids

What makes it so good?

Many of its excellent properties are due to the huge antioxidant capacity of krill oil. Astaxanthin found in Krill oil is not only an extremely strong antioxidant, but also prevents the development of chronic inflammation throughout the body (gut system, joints, etc.). In addition, the combined antioxidant value of the unique combination of vitamins A and E, which are present in small quantities, and the rare flavonoids is enormous!



Do you know what Krill is?

"Krill" is the Norwegian word for "whale food". These are tiny shrimp that swim in huge swarms, mainly found in Antarctica. Integral to the food chain, they solely feed on phytoplankton, leaving them free of all kinds of heavy metals and chemical fertilizers compared to most other type of fish.



So what about Krill Oil?

Krill Oil is regarded the best source of Omega 3. Omega 3 deficiency is even more harmful than a low-fiber diet and is the main cause of societal damage developed and spreading across the world. Omega 3 fatty acids, derived from fish oil, are the most popular and widely sold supplement due to their varied therapeutic effects and health benefits. However, studies comparing Krill Oil to classic fish oil have been triumphant for Krill Oil, with the possibility of it replacing classic fish oil in the future. In addition, Krill oil has special properties that allow its therapeutic application on a much wider scale.

Role of antioxidants

The combination of antioxidants with Omega 3 fatty acids infiltrates every new cell membrane, protecting them from the free radicals that cause premature cell death. The cell membrane's anti-oxidative protection (thanks to Krill oil), increases its stability in the event of an aggressive attack from free radicals, helping to provide cancer protection, anti-aging and protection of arteries. (UV exposure, smoking, stress, drugs and chronic illnesses can all lead to the formation of free radicals).

It builds, beautifies

The liver does not need to break it down and incorporate it, because it is immediately absorbed from the gut! This way, we "save work" for one of our most important organs. While it also is thought to have an all-round beautifying effect...

Protects the cardiovascular system (also)

There is evidence to suggest that Krill Oil may also support the heart and vascular system by inhibiting blood clot formation and vascular inflammatory diseases, as well as helping to prevent heart attacks by regulating heart rhythm. And it has thousands of other positive properties and effects.

Finally, odourless...

Krill Oil is much easier to take than fish oil. Although ideally taken with breakfast, these capsules are possible to take during the day, unlike other fish oils. There is no need to worry about unpleasant side effects such as "fishy burps".

DHEA

anti-aging maternal hormone

If there is a sufficient amount...

DHEA is the steroid-like hormone produced in the largest amount by the body. It is the precursor of oestrogen, testosterone, progesterone and corticosterone. It has been shown to be associated with youthful characteristics such as energy, strong libido, muscle tone, hair growth rate, its strength, its colour, mental freshness and cleanness, short-term memory, smooth skin, good general appearance and posture, and a general positive thinking and attitude.

Today, DHEA is considered to be a counter-regulatory hormone that counteracts the effects of stress hormones. It may be an effective antidepressant without side effects!



Biocom offer:

This 30-piece product contains 100 mg/capsule of pharmaceutical grade, 99 percent pure dehydroepiandrosterone. Not a synthetic product!

Possible effects may include the following:

- Reducing the probability of aging, smoothing out wrinkles
- Increasing sexual energy and performance, treating impotence, overcoming depression
- Strengthening the immune system
- Elimination of rheumatic pains
- Postponing menopause
- Reducing the probability of cancer formation
- May reduce age spots
- May improve bone density, condition of nails, and also thicken hair



Senior 50+tablet – vitality during the second half of life

Senior 50+ is a complex dietary supplement preparation that contains vitamins, minerals, Ginkgo biloba extract, lycopene and lutein as well.

Immune system, antiaging, freshness

Vitamins play an essential role in maintaining health. At the same time, the ratio of vitamins entering your body is also of importance, and since multivitamin preparations, regardless of their strength, usually contain them (as well as minerals, trace elements, or even herbs and amino acids) in appropriate proportions, it is worth giving preference to them. The active ingredients of this



preparation may contribute to the optimal functioning of the immune system, slow down the aging process, protect against free radicals, and reduce tiredness and fatigue. By taking it regularly, the body gets access to essential vitamins and minerals, thus the functioning of the body may become more balanced, the immune system may be strengthened, and thus it may also become more resistant to diseases.

A great number of benefits with more efficient absorption

More specifically, vitamin C contributes to the reduction of tiredness and fatigue, and enhances the absorption of iron. Vitamins A, B6, B12, C, D3, zinc, folic acid, copper, and selenium contribute to the normal functioning of the immune system. Zinc contributes to the maintenance of normal mental functioning as well as the normal condition of skin, nails, and hair, while magnesium takes part in normal muscle function and the proper functioning of the nervous system.

Types of vitamin B are involved in normal energy-yielding metabolism and contribute to the normal functioning of the nervous system, and folic acid takes part in normal blood formation. And the complex intake of active ingredients contributes to the better absorption of various vitamins and minerals, which interact with each other and can be utilized more effectively in the body.

Multivitamin for Women and for Men tablets – Complex reinforcement separately for ladies and gentlemen

Two separate preparations with similar benefits. One is specially designed for ladies and the other for men. A multivitamin that allows you to take with a movement of your hand a lot of things hidden in one pill that would be difficult to consume separately.



They may contribute to optimal functioning

According to the official term, one is a dietary supplement containing vitamins and minerals for women, while the other is a dietary supplement containing vitamins, minerals, amino acids and taurine for men. And what is true for both: the active ingredients of the preparation may together contribute to the optimal functioning of the immune system and nervous system, and to the preservation of general health.

You get access to the basics

Vitamins play an essential role in maintaining health, and since the ratio of vitamins entering your body is also important, it is therefore worth giving preference to multivitamin preparations. Regardless of their strength, these usually contain various vitamins, minerals, trace elements, or even herbs and amino acids in appropriate proportions. And the complex intake of active ingredients contributes to the better absorption of various vitamins and minerals, which interact with each other and can be utilized more effectively in the body. By taking them regularly, the body gets access to all essential vitamins and minerals, thus the functioning of the body may become more balanced, the immune system may be strengthened, and thus it may also become more resistant to diseases.

FOREVER MAN↑

Natural ingredients so that you can be a man in every situation!



With the combined power of saw palmetto, maca, celery, ginseng, ginkgo and green oats, for you!

Forever Man might help you. Why the conditional mode? Because this is a dietary supplement that cannot fix your possibly stressful, overworked online, probably sedentary lifestyle, and cannot completely replace your perhaps not perfectly varied and balanced diet. However, it MAY help! Absolutely, because it contains all ingredients – due to their long-known beneficial effects from folk medicine – that men are happy to take. Click on the list of ingredients again and even look up the possible properties of each of them by complementing the brief description!

You will see, that the result of the careful selection is the capsule, which is a special combination of herbs and vitamins as well as zinc and L-arginine. In addition, active ingredients that are likely to cause almost the same effect do not add up, but they are multiplied – just think of the principle of synergism. You're just three capsules away daily from helping yourself if you're missing something extra. That's why it is called a supplement. By taking it regularly, without expecting a miracle, you can have pleasant experiences, based on the opinions so far. Forever Man was created so that you can be a man in any situation...

For men only, to protect the prostate

Enlarged prostate, prostatitis... don't even think about worse cases, since enlargement is not always benign either. Almost every second person of the age group over 65 is affected by some type of the problem, but the occurrence reaches 20% regarding the age group between 40 and 65. Biocom supports prevention, but help is also available in case of a problem that has already developed!

Prostate Support (it supports prostate)

Due to its extremely rich composition of herbs and cultivated plants, it has a very diverse and unique effect.

Possible effects include the following: anti-inflammatory and diuretic; useful in case of urinary tract diseases and problems, especially for men; may reduce oestrogen level; may improve kidney function; may be beneficial for prostate problems (inflammation, enlargement); helpful in uric acid purification; may alleviate or eliminate incontinence problems resulting from sphincter weakness, may protect the immune system, may increase energy and improve perspective on life, may increase libido.

What is the prostate?

A chestnut-shaped and sized gland that surrounds the urethra exiting the bladder. It is responsible for supporting the capacity to fertilise and keeping pathogens away from the lower urinary tract organs. The symptoms of benign enlarged prostate can be called typical, although they are very varied. A frequent, increased urge to urinate, difficult urination initiated by pressing, a weak, intermittent urine flow, bladder pain, urinary incontinence, after dribble and, in more severe cases, stagnation of urine in the bladder can all indicate that you need to pay attention to the health of the prostate. Preferably in time...



Biocom strengthens with iron

More specifically with iron, copper and zinc. With a capsule that, in addition to the above, also contains significant amounts of important vitamins. Indeed, there are plenty of vitamins B and C in the new dietary supplement!



Since it was requested by many consumers, the preparation has been introduced. It is an individual, specially concentrated iron capsule enriching Biocom's product range. Although this vital element has been present as an ingredient in, for example, the Daily Vita-Pack complex formulation, zinc is present in Kindervit drink powders, just like vitamins B and C form part of the whole of several products. Now, however, it has been given a leading role, since one capsule alone contains 142% of the daily reference intake for iron. And the daily dose (2 pieces) already contains twice as much...

4 reasons to choose iron

And why is iron important? The claims indicated on the label make its role clear.

- It contributes to normal cognitive function.
- It contributes to the reduction of tiredness and fatigue.
- It contributes to normal red blood cell and haemoglobin formation.
- It participates in normal oxygen transport in the body.

We could discuss biochemical details longer, but perhaps these four sentences can confirm that we may need it. Therefore, Biocom's already considerable stock has been further extended to include the capsule containing not only iron but also important supplements, so that we can purchase this as well from our own store.

By popular demand, papaya for easier digestion

Do you have digestive problems? We warmly recommend Biocom's old-new product, the Green Papaya. And what is papaya exactly? An exotic plant rich in enzymes such as papain, which breaks down proteins. Thanks to its special effect, it may support digestion, since it most closely "resembles" the human pepsin.

Biocom members may also know papaya because it is one of the components of the popular Mikrobiom Pro, which contains 35 types of plant ingredients and is useful in the intestinal tract. The fruit itself (the leaf of which is also notable) has been known for a long time. According to the literature, papaya has been used for thousands of years due to its broad effects. Therefore, our product contains both (the green leaf and the fruit) in equal amount, with plenty of antioxidants. Thus, its name is no coincidence, it is Green Papaya.

A rich and serving product

If you have an upset stomach, you need papaya, because heavy food may result in a difficult digestive process. Papaya may help in this case (as well), it might have many beneficial physiological effects, since in addition to papain, which is similar to pepsin, it also contains many other enzymes that may contribute to a "quality life". In addition to enzymes, the fruit also contains vegetable proteins, minerals and vitamins, while the protein includes many essential amino acids. That's the point briefly, adding that it is a dietary supplement that can be ordered directly from the webshop and used immediately after a larger meal.



Green planet:

Effective vitamin and mineral complex

Generally, we do trust in a nutritional supplement if it is "green". So why? Have you heard of chlorophyll, in other words "green blood"? It is regarded a "wonder molecule" due to its diverse health benefits. One of its most important properties is supporting haemoglobin function (about 75% of blood is haemoglobin) and building up of red blood cells also boosting energy level by doing so indirectly improving oxygen utilisation. In the following, we recommend you a preparation with a rich composition. This is a truly green supplement. This is just one of its amazing benefits...

Green Multi Complex

– Green phytonutrient complex with vitamin and minerals

It contains flavonoids, antioxidants and digestive enzymes. Recommended for daily use. Due to its rich components this is a unique product in the nutritional supplement market. We could say, where a "traditional" vitamin ends, Green Multi Complex starts. Let's see the truly mindboggling ingredients without any more comments:

Vitamin A, C, D3, E, K1, B1, B2, B6, B12, Niacin, Folic acid, Biotin, Pantothenic acid, Calcium, Phosphor, Iodine, Magnesium, Zinc, Selenium, Copper, Manganese, Chrome, Molybdenum, Kalium, Chlorine, Spirulina, Citrus bioflavonoids, L. Acidophilus, Soya isoflavones, Mushroom complex, Aminobenzoic acid, Hesperidin, Ruthin, Quercetin dihydrate, RNA/DNA complex, Choline bitartrate, Inositol, Boron, Lutein, Grape seed extract, Pine bark extract, Green tea extract, Barley grass, Linseed powder, Oat fiber, Digestive enzyme complex, Blackberry, Gingko biloba, Gotu kola powder.



THE GREAT GREEN, BIOCOM DRINK POWDER: KETOGREEN

Premium quality of herbal food powder mixture

KetoGreen is the great green drink on the Biocom product range, it is a powder form. Green barley and lucerne, wheatgrass and broccoli - and that's only half of the ingredients. All of this is made from organic (!) ingredients, it can even form the basis of a perfect smoothie, but it is also fine if mixed with your other powders. But don't mix the information, because KetoGreen is good as it is. Not only for those following the ketogenic diet, but for everyone who wants to do something for their health.

It helps in alkalization

The ketogenic diet is becoming more and more popular, it does not happen by chance, as it can be extremely effective - those who follow the Reg-Enor diet are familiar with eating meat and fat anyway. But the whole story includes the consumption of fresh greens, which are not always at hand. That's why István Jakab ("Health-investing" specialist) and his team developed the KetoGreen product, which, according to him, is a perfect source of acid-base balance. "Ketogenic diets are classified as acidifying nutrition, therefore regular consumption of alkalizing greens is essential to restore and maintain the acid-base balance." - says the developer, supplier of Biocom.

If the green, then the best

Let's take a look at the ingredients: wheat grass, green barley, lucerne grass, broccoli, ruffles kale, spinach, dill leaves, parsley leaves, and all ingredients are certified ORGANIC. "Traditional folk medicine has known their beneficial effects and has been applying them for centuries, but only Biocom employees can experience them jointly, in a single product." - adds István Jakab proudly.

How should it be consumed?

The recommended usage is as follows: 2 x 1 measuring spoon (2 x 5g) of powder mixture per day, mixed evenly in 2 dl of water or fruit juice. You can even mix the greens in a morning green smoothie together with the Mikrobiom Pro and Fiber, which you can even take with you and sip it throughout the day.

Is KETOGREEN a green smoothie?

It can be considered also this way. Nowadays, smoothies are becoming more and more popular, they can be described as typically creamy, sweet or salty drinks prepared from vegetables or a mixture of them. Well, KetoGreen also forms the basis of a perfect green smoothie. It is recommended to add apples or bananas, and for example vitamin C or Flavonoid Complex to it, these are also available in the network... Let's see one more idea for the basis of our own drink! Immune Supreme, SCD Herbal, Kindervit, Grapefruit seed extract if "necessary"... Everyone can individually combine the ingredients, and thus a wonderful health beverage can be easily prepared! This is also why Biocom is said to be the "lord of powders"...

Of which it is free and of which it is full

Quality above all! The product developer, István Jakab, claims that "Biocom was the first in Hungary to bring such a product with 100% natural ingredients to the market, and all ingredients are made from ORGANIC raw materials." In addition, it is gluten-free, lactose-free, GMO-free and, of course, vegan. And just like in the case of Mikrobiom Pro, the manufacturer has prepared two pack sizes, after purchasing the basic jar-box version, you can get the refillable "bag" version for the same price, but it contains 30 grams more!



Also in the new form, Ketogreen!

The content of the product that has become popular in a short time does not change, but its dosage and packaging (partially) do. Thus, you can get access even more favourably to the product, which is awaited by a great future.



MIKROBIOM PRO + Fiber

The popular Mikrobiom Pro & Fiber has become stronger with fibers!



Also in the new form, Mikrobiom Pro +Fiber!

The content of the product that has become popular in a short time does not change, but its dosage and packaging (partially) do. Thus, you can get access even more favourably to the product, which is awaited by a great future.

The picture is an illustration

35 types of
herbal
ingredients

Since the Mikrobiom Pro powder has already proven, István Jakab product developer and his colleagues thought to incorporate the special fibers into the composition of the product, so that from the first day they would not only support the creation of a broad-spectrum microflora, but also ensure the rapid strengthening of "communities". The new, enriched product called Mikrobiom Pro & Fiber is available at the same price as the previous version!

Mikrobiom is the basis of our health

– We have an unknown, "virtual" organ that controls all of our vital functions from the background. Several scientists are convinced that the human body is nothing more than a "container" created to store the microbiome – says István Jakab, who brought popular products to the network, as an introduction. And Mikrobiom Pro & Fiber is a bioactive, plant-based dry food containing 35 types of plant ingredients, providing macro- and micronutrients that specifically support the microbiome, the broad-spectrum microflora in our body. With its regular consumption, you can ensure that the bacterial flora that protects your body is again present in an appropriate variety. At the same time, you can create favourable conditions for those bacterial strains that play a role in achieving and maintaining an ideal body weight. The preparation should preferably be dissolved in purified water - as a result of which we get a drink reminding for the long-forgotten flavours of nature – it is worth consuming it first in the morning (before a meal) and last in the evening (1–2 hours after dinner).

Combined preparation, increased efficiency

The product developer mentions, that it's not enough to just feed the bacteria, as they feel good when we supply fiber-rich nutrients to our digestive system. Fibers are special "bacillus cradles" that create the conditions for the revitalizing microflora to be able to reproduce very quickly and efficiently. By sticking to stable fibers, the bacteria can double their own amount in half an hour. This fiber-enriched combined preparation increases the effectiveness of Mikrobiom Pro.

Acacia fiber, the perfect choice

There was a huge demand in the market for a source of fiber that does not irritate the wall of the small intestine, but at the same time provides a wonderful opportunity for the microbiome to multiply, and is also suitable as a supplement for weight loss diets, as it provides food with a high fiber content. A special prebiotic – the acacia fiber – stands above them all, it is the "superfood" of intestinal bacteria, as it does not cause flatulence, can help reduce the desire to snack, supports the absorption of glucose into the bloodstream, and may help and support digestion and the absorption of nutrients. In addition, the main ingredients of the preparation are lemon peel, red grape seed, apple pectin, and Jerusalem artichokes powder – not to mention dozens of ingredients...

Can be recommended to everyone

Guaranteed gluten-free, lactose-free, GMO-free, soy-free, 100% natural = chemical-free, and can literally be recommended to almost everyone! – Diet rich in fiber should be as evident in every person's life as breathing. A diet lacking fiber may cause constipation in the short term, obesity in the long term, or even more serious problems. "Mikrobiom Pro & Fiber can help many people..." recommends the developer.



Olive tree

A powerful solution against viruses and bacteria

Protect your body from harmful viruses and bacteria with this preparation having a particularly strong active ingredient! You may take the result for granted, as research has already shown that the enzymes of the olive tree successfully fight even against retroviruses. It may be excellent in alleviating and curing the symptoms of all kinds of immunodeficiency and bacterial diseases! You take a few capsules per meal and – as experience has shown – you can even say goodbye to allergies, flu, blood pressure disorders, stomach ulcers and herpes!

Did you know? Ancient times in the modern age

The olive leaf has been a highly valued immune-boosting herb since Bible times. The ancient Egyptians may have been the first to use olive leaves in practice. Heavenly power was attributed to it. In later times, it was popular in folk medicine as one of the herbs used to fight fever. The first official medical indication of the olive leaf is dating back 150 years, it is mentioned in connection with the treatment of fever and malaria.

It may help in the following cases:

- Treating bacterial, viral and fungal infections
- Alleviating the symptoms of inflammatory, ulcerative diseases, joint and rheumatic problems
- Alleviating flu, common cold, diarrhoea, respiratory diseases (asthma, bronchitis)
- Controlling blood pressure
- Treating allergies
- Reducing sinus inflammation
- Improving permanent immunodeficiency
- Powerful antioxidant properties

In addition to and instead of

The preparation is a plant-based, 100% natural dietary supplement with a special effect, it is made from selected leaves of the Olea Europaea plant. It can be taken together with any antibiotics, and in many cases, it can even be used instead of medicines – of course medical consultation is essential. This is a particularly powerful formulation with 18% and 750 mg per capsule and it provides unique value for money!



Zsuzsa B.: Goodbye, allergy!

"The result of the allergy test was typed on two full pages banning fruits, walnuts, almonds, hazelnuts – I can't even remember all.

I took the Olive Leaf Extract capsules for at least 3 years. I stopped taking the capsules during the winter months, but from February to November I diligently took 2 x 2 pieces a day. My friends and colleagues followed me in a similar way and got rid of this insidious disease. My allergies are gone without a trace, I can eat anything, any day of the year!"

Gabriella P.: Asthma-free

"I've had allergies and asthma for 3 years, for which I had to take medication continuously, without which I had asthma attacks and also coughed. Brown spots appeared on my face, my hair fell out, eczema appeared on my hands and red blisters on my chest due to heat allergies.

After the cleansing program, I also started taking olive leaf, and after 1 week I stopped taking the other medicine. I took olive leaf for about 6 months, 2 pieces a day. I have recovered from the disease, my hair loss is normal, I can sunbathe again, my skin has recovered."

For more product experiences,
click on www.biocomnetwork.hu !

The Amazing Algae

DETOXIFICATION –
NOURISHMENT –
DEFENCE –
REVITALIZATION

A product that can really clean your body! This product provides a trifold effect that combines cleansing, nourishment and cell protection. It contains close to 4000 vital nutrients and Astaxanthin, which is one of the most powerful antioxidant and free radical scavengers in the world. (This is 50 times more powerful than Beta Carotene, 60 times more so than Vitamin C and 550 (!) times more than Vitamin E.) Both therapeutic use and regular consumption is recommended.

Immune Supreme's unique microalgae content boosts the immune system and encourages the body's self-healing processes. Therefore it is also reported that Algae has contributed to spectacular healing, even from chronic conditions. It is not known to have any side effects of microalgae!

A gift from nature, wholesome food.

Algae is the earliest life form on Earth, having existed for approximately three billion years. Microalgae are likely to be the most wholesome food of the twenty-first century, where our increasingly unnatural world makes essential minerals and trace elements hard to find.

Immune Supreme contains chlorella vulgaris, spirulina platensis, haematococcus pluvialis (alga from the Red-Sea) and lithothamnium calcereum, which is in perfect ratio to the 4000 nutrients the body needs. This include all natural vitamins, mineral substances, trace elements, enzymes, nucleic acids, chlorophyll, amino acids, fatty acids, special phytonutrients, antioxidants and Q10 like coenzymes. The Aztecs and Maya Indians also complimented their meals with large amounts of the phytonutrients found in microalgae. They called it "gifts from the Gods".

Some of the benefits may include:

- Boosting the immune system
- Significantly improving health
- Increasing energy level and stamina
- Excellent source of nutrients
- Regenerating cells
- Relieving inflammation, fever or pain
- Healing of viral, bacterial and fungal infections
- Management of allergies, eczema and asthma
- Eliminating reflux, flatulence and heartburn, constipation
- Contributing for the treatment of Type II diabetes and high cholesterol
- Controlling blood pressure
- Helping digestion and the breakdown of accumulated fatty acids

IMMUN SUPREME
drink powder



IMMUN SUPREME
240 Capsules



The Japanese understand this very well...

Japanese consume more than 30 kg of algae per person, per year! The facts speak for themselves, namely certain medical conditions rarely occur in Japan compared to elsewhere in the world. Their remarkably high life expectancy is also attributed to this diet.

Spirulina - also in itself!

In addition to the complex and unique algae preparation, Spirulina is also available on its own!

SPIRULINA
100 Capsules



Noni

help for thousands of years



Noni (*Morinda Citrifolia*) is a native fruit originated from the islands of the Pacific Ocean, Asia and Australia. It has been used in healing in Polynesia, China, Tahiti and India for more than 2000 years. Does it sound good? Find out why this greenish fruit is held in high esteem!

Possibility for happiness

It is a rich source of amino acids and contains a large amount of proserotonine. The human organism converts this precursor, nutrient, into serotonin, which stimulates the secretion of happiness hormones (endorphins) and activates the operation of the pineal gland found in the brain. The pineal gland produces serotonin and melatonin, which play a major role in regulating the sleep cycle, mood and body temperature.

Good to have it within reach...

Research and healing prove its beneficial effect. The nutrients in it work together as adaptogens. The encapsulated Noni contains all the active ingredients in a pure and intact form that are also present in the fruit. It's good to always have some at home!



Possible effects may include the following:

- Strengthening the immune system (T cells)
- Relieving pain, reducing inflammation
- Acting as a diuretic, stabilizing mood
- Relieving stress and depression
- Relaxation, mild sedation
- Reduction of high blood pressure, regulation of blood pressure
- Improving digestion and bowel function
- Elimination of harmful bacteria
- Protection of the cardiovascular system
- Relieving menstrual cramps
- Preventing the growth of tumours
- Treatment of allergies and respiratory diseases
- Helping to quit alcohol, drugs, and cigarettes
- Decreasing cholesterol level

Mihályné P.: For sleep disorders, blood pressure, stress

"After surgery, I kept taking 3 boxes of it continuously, it was also effective for sleep disorders. If my blood pressure increases a little, I always take 2 pieces of Noni first, it works! And when I'm stressed, I can't determine why, then 1 or 2 pieces of Noni help me."

Turmeric

Turmeric: let's go back to the roots!

The suggestion in the title is more and more general and ambiguous. On the one hand, let's return to the original, natural – back to nature. On the other hand, turmeric, as it can be seen on the label, is actually a root, and thousands of years ago, these were the "only" available preparations to maintain the body, instead of synthetic ones. Let's discover turmeric in the 21st century again, which is one of the world's most important herbs and spices, a cornerstone of folk medicine!

According to observations, its most important characteristics may include the following:

- Having anti-inflammatory effect
- Having powerful antioxidant properties
- Being powerful detoxifier
- Supporting liver regeneration
- Stimulating bile function
- Having a positive effect on kidney function
- Having a diuretic effect
- Contributing to the proper functioning of the intestinal system and digestion
- Helping healthy blood circulation, and being beneficial for high blood pressure
- May control cholesterol level
- Being beneficial for arthritis
- Slowing down the process of the formation of arteriosclerosis
- Reducing the harmful effects of radiological treatments
- Reducing the risk of the development of Alzheimer's disease



On the whole, it may balance and harmonize while detoxifying and providing powerful protection. It is not by chance that they are used with preference in the Far East (also), and their main active ingredients, namely curcuminoids and turmerones, are well known. Biocom members do not need to dig or travel. Here is the effective root in a capsule, with a particularly powerful (750 mg) active ingredient content!





We are happy to help with a kind HEART!



Ginkgo Biloba

It is provided by one of the oldest trees in the history of the earth, for those who experience memory and attention loss. And for those who don't want to... One of its two active ingredients is a strong antioxidant, and the other may improve blood supply to the brain by expanding blood capillaries. One is better than the other!



Super Omega-3 (Omega-3 fish oil capsule, recommended for daily use.)

Omega-3 may indirectly protect, make blood vessel walls flexible, inhibit the formation of blood clots, keep blood fats at the right level, and regulate blood pressure. Its deficiency may contribute to the development of many diseases...



Lecithin - everyone knows it already. (And do you take it?)

However, it may have many beneficial properties in the treatment of cardiovascular diseases, in addition to the possibility of curing arteriosclerosis! It may be advantageous, for example, for the prevention of senility, improvement of memory, reduction of high cholesterol, protection of the liver, strengthening of hair and nails. It may be useful in case of high physical and mental stress. Now, it is already clear for you why it is so popular...



URINARY TRACT

With cranberries for urinary tract health

This product can be a repair agent for the urinary system with its American cranberry and Bacillus Subtilis content. American cranberry is used in folk medicine for the prevention and treatment of acute and chronic urinary tract infections, but its effect has also been confirmed by scientific research. It may also be effective as a cell and vascular protective antioxidant – in addition to many other favourable properties. Its mineral and trace element, vitamin and flavonoid content is also outstanding. The product also contains grass bacillus (Bacillus Subtilis), which is a widely used spore-forming bacterium with strong fungicidal and antiviral effects. It can quickly become a popular product, and not only among ladies who struggle with this type of problem often.



TRIPHALA EXTRACT

Gentle internal cleansing and stimulation

India's ancient medicine Ayurveda (Science of Life) recognizes Triphala as a classic bowel cleansing formula and has been using it for thousands of years for effective, yet gentle detoxification of the body. It is said to be a gentle "laxative" and may also stimulate digestion, but it is also attributed an immune-boosting effect.

One of its great advantages (in addition to its effectiveness) is its much "smoother" operation than usual and the fact that it can even be consumed continuously by taking 1–3 pieces per day – in the evening.





Immune MMXX: the broad-spectrum dietary supplement that maximizes the possibilities!

Immune system enhancement, via one movement? How about hiding in a single box a number of powerful ingredients that are big guns also by themselves, which jointly give you an unprecedented opportunity to boost your immune system?

They are strong by themselves

Olive leaf extract and curcuma, known in the form of Turmeric, fight together for your health with, for example, a huge dose (1500 mg) of vitamin C, magnesium, mild garlic - and many other herbs, elderberry and lots and lots of zinc and selenium. Olive leaf extract is one of the most successful products in the history of the network, now there is 100 mg of "only" this ingredient in the daily dose. Turmeric is also popular, it has been part of Biocom's range for quite some time, curcuma is involved in the whole with 250 mg.

Exciting extras

And what else does it consist of? For example, oregano - housewives can now approve appreciatively referring to their own experience. Moreover, explaining the importance of quercetin doesn't even require a doctor's degree. And there are many other exciting things, if that wasn't enough, such as the powdered form and extract of such a herb, such a root - when you combine all this, you can understand why it's called MMXX. Browsing through the label reveals the details that cannot even show their mutually reinforcing effect. However, naturopaths know that synergy does exist!

Many things, in one piece

Of course, Immune MMXX is far from making the individual components, which are also available separately, "nonessential", because some of them provide a taste enjoyment (vitamin C drink powder, vitamin D...), while there are those in which other ingredients strengthen the effect, or the package itself has a higher dose. However, there is no doubt that, concerning this combined version, it is a great choice to achieve a fair value for money.

Immune MMXX: perfectly adapted to the immune system!

Man is the greatest miracle of nature. Your immune system is responsible for protecting this highly complex and vulnerable system. If it is weakened or becomes hypersensitive, allergic processes may appear, you may easily become a victim of infections, and tumour processes may take hold in your body. Strengthening your immune system, and your body's defence mechanism is crucial. On a physical level, one of the basic element of your immunity is the body's supply of minerals and vitamins. The majority of Biocom's product range of nearly two hundred products, mainly dietary supplements, may be directly or indirectly related to this topic. Here we recommend only a tried and tested product that is at the forefront of immune strengthening and produces excellent experiences.

Due to the complexity of its composition, it is a product with a very broad spectrum and a very powerful effect. Its antibacterial and antiviral effect may be made even more effective by anti-inflammatory, immune-boosting and vitalizing herbs and antioxidants. Its components have long been known from folk medicine.

Possible effects may also include the following:

- In the case of various types of viral and bacterial infections, it may enhance the functioning of the immune system.
- It may help prevent and treat colds.
- It may moderate the effects of many allergy-causing substances.



Immune Plus: Real surplus



Phenomenal ingredients:

Vitamin C, Vitamin E, Selenium, Graviola, Red raspberry juice, Green tea, Beta-Glucan (100 mg), Curcumin, Cat's claw, Garlic, Korean ginseng, Lycopene, Quercetin, Pomegranate, Pine bark, Essiac Tea complex, Indian Rhubarb, Burdock powder, Sheep sorrel powder, Elm powder, Grape seed, Mushroom complex (Shiitake, Reishi, Maitake), Arabinogalactan and Echinacea. Its main active ingredient is Olive leaf extract.

CPC - SPRAY

Against viruses and bacteria

CPC spray is an antiviral and antibacterial disinfectant mouth spray. This clear inscription can be found on the label of Biocom's latest product. The active ingredient of the preparation that is more current than almost any other - CPC, namely cetylpyridinium chloride - originates from the United States, and is a certified disinfectant that destroys pathogens that enter the mouth.



The product developer, chief physician Dr. Gábor Simonyi, referred to domestic and international sources and described its advantages in an article published on the news portal biocomnetwork.hu, the following short summary of which is also convincing. Most respiratory viruses are spread via droplets, during which various viral and bacterial infections (e.g. Influenza and Adenoviruses, SARS-coronavirus) can be transmitted by droplet infection (> 5 µm droplets) within a distance of 1-1.5 meters via coughing, sneezing, and talking. The characteristic feature of respiratory viral diseases is that they also cause upper respiratory symptoms. A study including a small number of cases confirmed that the SARS-CoV 2 virus, which causes the disease COVID19 - similarly to other respiratory viruses - can also be found in the oral cavity in a significant quantity, which is the basis for droplet infection.

Role of CPC

CPS spray contains cetylpyridinium chloride, which belongs to the group of disinfectants, which may reduce the symptoms of upper respiratory viral infections e.g. cold and flu. The CPS spray is generally used for the treatment of sore throats and mild infections of the oral cavity. Regarding its active ingredient, several studies have shown that it reduces the number of viruses in the oral cavity.

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IMMUNE PROTECT SPRAY

Gentle sprays for prevention – Immune Protect Spray is pleasant and useful

“Preserved health is a greater treasure than a defeated disease!” István Jakab, the developer of one of Biocom's latest products, often says the well-known phrase. According to one of his titles, the specialist "investing in health" says that maximum immunity restores the body's self-healing ability. And you can make huge progress in this by using the Immune Protect Spray, which, in addition to being substantial and easy to use, is also delicious! A few light, refreshing moments, even several times a day, and you are already closer to health!

According to István Jakab, who is always on the side of prevention, the inner "doctor" ensures that you no longer have to go to doctors, but only if it "gets its own". The Immune Protect Spray may help a lot with this.

Let's help the immune system!

A detailed analysis of our current lifestyle is unnecessary, we encounter poisons every step of the way, even in relation to our FOOD...The expert says people need to get back to nature, and Immune Protect Spray could be one of the ways to do that. Nature is constantly renewing itself, just like our cells and our bodies. Of course, if this process is interrupted, the renewal will not work. – A well-functioning immune system, which detects and corrects errors at the cellular level, is a milestone in regeneration.

New generation, it absorbed through the mucous membrane

Immune Protect Spray belongs to a new generation of dietary supplement preparations, as the active ingredients in the preparation are absorbed directly through the mucous membrane of the mouth. The advice from the developer is as follows: puff from the spray into your mouth, hold it under your tongue for a few seconds and the active ingredients will be absorbed immediately through the oral mucosa, bypassing the entire gastrointestinal tract!

What does it contain?

Immune Protect Spray contains combinations of the full-spectrum active ingredient content of Kombuflavonoids and four types of medicinal mushrooms (Almond mushroom, Shiitake, Reishi and Chinese caterpillar fungus), as a result of which the active ingredients work synergistically, i.e. amplifying each other's effect.

Active ingredients of Immune Protect Spray are the following:

- Kombuflavonoids with high antioxidant status
- Polysaccharides, such as 1–3, 1–6 beta-glucans in varying proportions
- Flavonoids of red, dark red, purplish-black fruits (from rose hip through black currants to sour cherries)
- B6, B12, Folic acid and Vitamin C

Possible benefits of the spray may include the following:

- It works quickly and does not contain binders.
- Keeps your energy level and immune system at their best all day long with quick and easy sprays four or more times a day.
- In the case of polysaccharides, it is a question of double utilization, because they are absorbed not only through the mucous membrane of the mouth, but also through the mucous membrane of the small intestine.
- Absorption occurs almost immediately through the oral muco



(Coral) Calcium

for the health of our bones

One of the most essential minerals for the body is calcium that builds up the bones. It is called the nutriment of the 21st century that contributes to preserving health of the whole body as part of at least 200 physiological processes.

Source of absorption

Coral from Okinawa Island is not only a source of absorbable calcium, but also a source of magnesium, boron, zinc and other trace elements that are essential for efficient calcium absorption. As a result, its ionised, organic calcium content is absorbed in only 20 mins after consumption. This function is supported by its vitamin D content. Namely, clinical investigations found that those who took calcium with vitamin D had much better bone density than those who only took calcium.

Important to know, that calcium may...

- Support healthy metabolism and electromagnetic processes in the cells
- Inhibit transmission of pain stimuli in nerve endings
- Have anti-oxidative properties
- Speed up regeneration, slow down ageing and reduce the number of cancer cells
- Its deficiency may have a role in the onset of pre-menstrual syndrome symptoms
- Be indispensable for healthy muscle functions
- Have a key role in healthy heart functions.

According to certain studies coral powder may bring quick relief in numerous chronic conditions. It may be beneficial in the treatment of osteoporosis, high blood pressure, high cholesterol and diabetes in a few months. It also helps to absorb more nutrients from the bowels.

2 types with vitamin D

We also recommend two natural, organic mineral complexes in an almost 100% absorbable form, if you want to supplement (also) the calcium in your organism.



For healthy joints, Joint Complex

This unique, very complex product with a plant and mineral composition is much more than just a regenerating product protecting joints, bones and cartilage, thanks to its synergistic effect due to its rich composition. In addition to its content of glucosamine, chondroitin and MSM, plenty of vitamins, shark cartilage, zinc and selenium can also be found in it...

It may also be recommended in the following cases: it may relieve chronic pain in the limbs, it may be excellent for reducing age-related wear and inflammation of joints, it may support cartilage formation, and it may spectacularly improve the movement of joints.





Gluco Plus with MSM is the "vitamin" of the joint

Glucosamine and chondroitin sulphate are the building elements of articular cartilage, the building blocks of the intercellular tissue of the cartilage.

What more decisive argument is needed, especially with aging, to include the Biocom capsule among our favourite dietary supplements? Moreover, the particular statement does not even include the product's third main ingredient, but the name of the product does. This is also what makes Gluco Plus offer more: MSM, which plays an important role in joint protection, strengthens the synergistic effect in significant quantities. The 200-capsule package greatly promotes the access of the important ingredients into the body.

Special immune protection from the fauna is Colostrum

You hear more and more about the importance of breast milk and breastfeeding. Even in the most advanced laboratories, this wonderful "essence" cannot be imitated or approached. Colostrum is the foremilk produced during the few days right after birth. Subsequently, breast milk, which is completely liquid in consistency and white in colour, is produced.

In addition to its extremely nutritional effect, Colostrum also contains a very high concentration of immunobiologically (from the point of view of the body's defence system) useful substances (antibodies).



Colostrum Pure Capsule (Cow colostrum, natural immunoglobulin)

It is a preparation recommended to be kept in your medicinal cabinet, which can even be given to babies by breaking apart the capsule and mixing its contents into tea for immune strengthening, immunization, and fighting infections. Orally taken immunoglobulin!

Thanks to the cows

Colostrum of cows contains proteins with a biologically similar structure to the immune substances found in human blood, but its concentration is forty times higher. Colostrum's high immunoglobulin content effectively supports the body's immune system. Since the DNA sequences of the components of Colostrum are identical in the case of humans and cattle, the researchers also proved that these elements are absorbed and utilized in the human body as well. That is why Colostrum Pure is often called the "first vaccination".

Did you know...

...that all this was already suspected by our ancestors, even if not on the same scientific basis as today? Already 2,000 years ago in India, it was used to heal patients. In Europe, it has been used in folk medicine since the 18th century. Before World War II, it was generally known in the countryside that in case of illness, a family member was sent to the dairy farms to find out if there was a freshly calved cow that could give Colostrum. It is not surprising, since it protects against various infections and reduces the infectiveness of viruses.

More energy without sugar and calories for 8 hours!

Everyone is dreaming about constantly high energy level and being able to perform the daily duties freshly and youthfully without that familiar feeling of being dead tired. Is it even possible? It is indeed! Here we could dwell long upon the importance of healthy diet, less stress and regular exercise, but if you need that energy boost RIGHT NOW, then look no further, this is what +Energy is for at Biocom! Its ingredients guarantee immediate and long-lasting, steady source of refreshment.



So what makes this product so powerful?

Vitamins (B1, B2, B3, B5, B6, B7, B9, B12), Mg, L-taurine, acai berry, caffeine, spirulina, Malaysian ginseng, Korean ginseng, goldenseal and Peruvian maca root. No need to analyse it any further... I just take in a capsule quickly and the world can accelerate! (It is not recommended to drink coffee after taking this product!)

Gábor T.: Strength when exercising

"I used the +ENERGY preparation before sports events, and I can say that I was actually surprised myself. The product maximally compensated for the lack of strength and, so to speak, gave wings! And at the end of exercising, I was much less tired. Dosage according to my recommendation should be 1 capsule per day, and 1 before each sporting event."

Feedback of Anikó H.: Cleaning with dynamism...

"I received a capsule from +Energy! By the time I got home, I had so much energy that I immediately started cleaning. I have to admit, that I have done it other times too, but not with such energy and dynamism..."

Sport Protect Spray, not only for sportsmen: boosts competitiveness in everyday life



It will make you spin up and you'll keep that level of energy! This is promised by the product developer. This dietary supplement containing vitamin C, herbs, mushroom extracts and fruit concentrates quasi blows away fatigue with a few puffs into your mouth, while acting on a cellular level. It's good to have it in your pocket, as it can also help you manage stress indirectly while fighting free radicals. A few puffs under the tongue, then go up to the top!

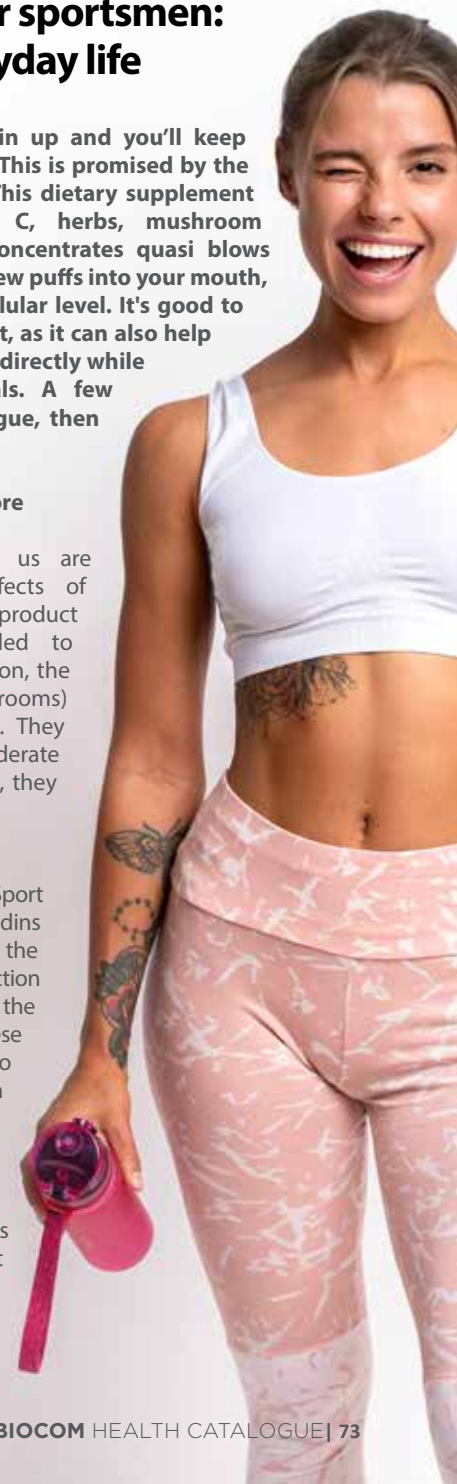
From top to peak, more stress-free

More and more of us are exposed to the effects of chronic stress, so the product can be recommended to everyone. For protection, the

spray offers adaptogens, which are herbs (and mushrooms) that naturally help the body's regulatory functions. They stimulate under-functioning vital functions and moderate overactivity, so it is also impossible to overdose. Thus, they help the body to adapt to stressful external conditions.

Diverse product with powerful antioxidants

The red, deep red, purple and black fruits applied in Sport Protect Spray are rich in flavonoids and anthocyanidins known as plant pigments. Vitamin C contributes to the healthy functioning of the immune system, to the reduction of tiredness and fatigue, and to the normal functioning of the immune system, for example. Schisandra chinensis (Chinese magnolia vine berry) may increase the ability to adapt to stress. This is the heart of the product! Kombucha (on which the preparation is based) and Chinese caterpillar fungus (Cordyceps sinensis) need no introduction to those who have tasted, for example, the Flavonoid Complex or the Immune Protect Spray, additionally the Asian Siberian ginseng has long been highly valued as well. Sport Protect is also beneficial for vegetarians. It delivers the active ingredients orally, through the mucous membrane, directly into the bloodstream, and has an effect almost immediately, on a cellular level.



Organic Selenium and Zinc Bisglycinate for the immune system – new essential trace elements in the Biocom range

Another micro- or trace element has been added to the webshop, continuing the strategy as part of which the range has been continuously extended recently. Although the emphasized organic selenium and zinc are required in small amounts, they are indispensable, and they support the healthy functioning of the immune system – as well!

Zinc and Selenium should not be unknown among conscious consumers of Biocom vitamins, as they are usually listed below each other in the active ingredient tables, and they also deserve special attention. Although they are "small", their role is significant, and there are times when it is necessary to supplement them on purpose – in an organic way! It's also hidden in its name: this is a version that can be processed well by the body.

Zinc: important for your hair, skin and nails as well

And now let's look at them separately, although their effects are similar in many ways. Most importantly, zinc supports a healthy immune system. It plays a part in the normal metabolism of macronutrients and plays a role in protein synthesis. It contributes to maintaining the normal condition of bones, hair, skin, and nails - although there is a separate preparation for this area, it is clear that you can find a good partner for it concerning the zinc capsule. Most importantly, this trace element is involved in cell division.



Selenium: thyroid and stress protection in cells

Selenium also contributes to the healthy functioning of the immune system. It should be especially emphasized that it contributes to the normal functioning of the thyroid gland and to the protection of cells against oxidative stress - these latter two properties also make it special. And this is also involved in maintaining the normal condition of hair and nails. It's quite a prestigious list considering that it's a micronutrient...

Vegan composition, season's packaging

The labelling of both boxes include that the preparation does not substitute the balanced, varied diet and healthy lifestyle. Indeed, but it perfectly complements it, because it is not always possible to consume all the trace elements, micronutrients and minerals in the optimal ratio. That's why both dietary supplements were created, what's more, in a vegan version, to make them available to everyone! Furthermore, the dosage is also advantageous, as it is sufficient to take one capsule per day from the 90-piece package, with plenty of liquid, according to the recommendation. According to the Biocom's extra offer, preferably with purified water – but this is the story of a popular device, the water cleanser equipment... Which is just as available as Zinc Bisglycinate and Organic Selenium. We wish you good health!





True beauty complex: Happy Hair skin and nails

Who wouldn't wish for healthy and wonderful hair, skin and nails forever? Happy Hair skin and nails helps with achieving this.

Hair, skin and nails, are not only your wonderful natural jewellery, but also reflect your overall health. Everyone has encountered minor or major, temporary and permanent problems, which can have many causes. The basis of the beauty is a well-functioning digestive system, for which you need nutrients of the right quality and quantity, additionally the presence of vitamins, trace elements, proteins and minerals is indispensable.

What is it capable of?

Its rich ingredients support the health and beauty of the skin, hair and nails in many ways, such as:

- **field horsetail** supports the condition of the skin, hair and nails, assists in the growth and strengthening of hair,
- **biotin, zinc and selenium** contribute to maintaining the normal condition of the hair, copper supports healthy pigmentation of the hair,
- **vitamins B1, B2, B3, B5, B6 and B12** participate in normal energy-yielding metabolic processes,
- **vitamin B6** takes part in the regulation of hormonal activity,
- **vitamin B9** plays a role in cell division and amino acid synthesis,
- **vitamins A, C, B3, B2 and zinc** contribute to maintaining a healthy skin,
- **collagen** is a structural protein, an important component of the skin, connective tissue and cartilage, the collagen in the product contains a well-absorbable natural **collagen peptide** and it was produced using an enzymatic process,
- **hyaluronic acid** is a polysaccharide molecule with high water-binding capacity, found in the skin, muscles and joints,
- **cysteine** is a sulphur amino acid found as a protein component in natural proteins, especially creatine, which is the most important protein for hair.

Happy hair, skin and nails product provides vital nutrients and active ingredients of herbs for natural beauty to all those who are demanding of their appearance.

Vitamins, as sweets



GUMMY HAIR SKIN NAILS VITAMIN

Would you like to take another, easy step towards neatness, so for more beautiful, healthier hair, skin and nails? If so, we would like to announce that a new exciting and tasty item has been added to the Biocom gummy vitamin product range. Gummy Hair, Skin and Nails Vitamin is an extremely pleasant solution to strengthen the "spectacular" parts, supporting the body with special ingredients. However, we are actually just snacking when we consume the exotic flavoured preparation...

A delicious and useful product range

One and a half years ago, Biocom came up with a tasty solution for those who want to feel even product consumption as an experience, combined with a health-conscious attitude. Today's product range still includes the Multivitamin, vitamin C and D3, Kids Gummy Bears made for little ones, and Melatonin, additionally last fall we announced that the probiotic was available for both age groups - that is, in individual packaging separately for adults and children.

In addition to hair, it also favours skin and nails

Many people also liked the hair vitamin, accordingly - and also following the demands - Biocom is presenting an improved product that retains its original values.

This is the Gummy Hair, Skin and Nails Vitamin, which, as the name suggests, focuses on three important areas. You nourish our hair, skin and nails with it simultaneously, while in addition to the vitamin intake, you also get some pleasant moments for yourself.

Special ingredients

In addition to the considerable amount of vitamins A and B, the preparation also contains vitamins C, D and E, as well as Biotin, which is also called the "vitamin" of hair. Namely, a lot. There are 6,000 mcg (!) in one dosage, which alone makes it worth consuming. Pantothenic acid, iodine and zinc also stand out from the numerous ingredients, and Biocom members should not be unfamiliar with collagen either. Especially since a separate product family has recently been created on this topic with drink powder, capsule and top cosmetics.

Beautiful hair, skin and nails with delicious gummy vitamins!



*Good night – delicacy
for a good sleep*

MELATONIN GUMMIES

Melatonin gum sweets

What is the easiest way to fall into sleep and have sweet dreams? If you make it easier to go to bed beforehand with a little useful candy that helps you rest at night... The issue is particularly relevant, if someone suffers from insomnia, has difficulty falling asleep, or wakes up earlier than roosters. According to some surveys, two out of three people suffer from this problem at an older age - maybe you are one of them, regardless of your age, or have you heard about it in your circle of acquaintances? And what is the solution? Maybe it's in the product coming from overseas, which is nothing else but melatonin.

Sweet dreams and immune strengthening

You have probably heard of it, as there is a mountain of literature on it, but it is simply described as a hormone that controls the sleep cycle. Nowadays, you read more and more about the fact that, according to findings, it can also be considered as a particularly strong antioxidant. Its production slows down in your body after puberty, and then moving forward on the timeline, you can hardly find it inside.

That's why you should take it in from outside! Now you have the product Melatonin Gummies in your hands (and then in your mouth), which is both a snack and a helping preparation. Melatonin is said to improve the quality of sleep and strengthen the immune system. And those who sleep well are more rested, those who are more rested are more energetic, perform better and feel more comfortable – shall it be continued?

Sweet rest

And the gluten-free, gummy sweet version (yes, it is sweetened by popular demand) marketed by Biocom also gives the pleasure of getting something sweet into your body, if it feels good to you... The strawberry-flavoured product contains 5 mg of melatonin per two pieces. And since there are 90 pieces in a box, it can also be stated, that you receive one and a half months of sweet sleep, as sweets!



GUMMY MULTI VITAMIN Gummy Multi Vitamin for adults

Who likes to snack a little? And who would like all of this to even support their health by taking vitamins? You can get both with the gluten-free Gummy Multi Vitamin product! Let's imagine, for example, that you would like to eat something sweet after lunch or before going to bed... In such cases, you can safely reach this "gummy candy" – because it is actually sweet, since it contains a certain amount of sweetener, which people with intolerance should pay attention to. However, those who are conscious for good flavours and vitamin awareness will not be disappointed.

A source of minerals and joy

The mixture of orange, cherry and strawberry flavours is a real source of joy, and of course the "essence" as well enters the body, namely quite a few vitamins A, C, D, B6 and B12, followed by folic acid and biotin (all about the daily recommended amount), and iodine and zinc and more... it's worth reading the label. All of this is available by taking two pieces, and there are 90 in the box, which is thus one and a half month's supply. Have a pleasant tasting!

KIDS GUMMY BEARS Kids Gummy Bears for children

"Eat it, my sweet child, because it is good for you!" Dear parents, have you ever tried phrases like this when trying to "force" something healthy into your child? From now on, the solution is much easier: Biocom's gummy candy-like product will simply be "wanted". Thus, it won't be difficult to force them to eat, but it will be hard to hide...

Gummy bear delicacy in five flavours
It is completely understandable, since the cherry, strawberry, lemon, orange and grape-flavoured products are indeed highly desirable – this "gummy bear" delicacy with minimal sugar content has been added to the network by popular demand. What it does contain a lot of (taking into account the dosage by age group and the recommended daily intake), are vitamins. Vitamins A, C, D, B6, B12, folic acid and biotin (too) are needed by young people as well as children. The chewing begins! Regarding the multivitamin and mineral formula made for children, you just have to make sure that you always have a spare box at home...



GUMMY VITAMIN - D3

Vitamin D in gummy form

By popular demand, it has been added to the Biocom vitamin series, which is available in gummy form and can also be consumed for pleasure. There is no need to say how important vitamin D is for the body (even for young people!), more and more studies are being published on leading portals by serious experts, on how much problems its deficiency can cause...This gluten-free product contains 2,000 IU (international units) of vitamin D3 when two pieces of them are taken at a time. And all this can be done with pleasure, since the flavours of peach, mango and strawberry are mixed in it – a real delicacy (so of course it also contains some sugar, just like the vitamin C version, it is worth paying attention to this when consuming it). It takes moments to chew it just for pleasure, and meanwhile you helped the body with vitamin D intake. A real win-win situation!



GUMMY VITAMIN C

Vitamin C in gummy form

By popular demand, it has been added to the Biocom vitamin series, which is available in gummy form and can also be consumed for pleasure. Each dose of Gummy Vitamin C (two pieces) contains 250 mg of vitamin C, which is several times more, than the daily recommended amount. The gluten-free product does contain some sugar, so people suffering from related diseases should pay attention to it (according to the product information, the only allergen in it is coconut oil), but maybe the small amount of sugar intake is "worth it" because the format is exciting (chewable gummy format) and the end result is delicious. It can even be eaten instead of candy (sweets), while you take in a lot of useful vitamin C with it! Although the orange-flavoured delicacy is a product for adults according to the information on the box, there is no question that it can be a great favourite of the little ones... (The 90-piece package suggests that it is enough for 45 days according to the recommendation. Just like in the case of vitamin D3, because it is also in the product range...)



GUMMY PROBIOTIC

Probiotic that is delicious



Strengthening the intestinal system and the immune system is extremely important – the range of the Biocom network supports all this with several products. Now there is one or actually two versions that are useful and pleasant at the same time!



Gummy Probiotic fits perfectly into two already successful Biocom strategies. One is serving the gut system (stomach and digestive system), indirectly helping the immune system, for which we already have capsules, tablets, drinks and powders. The other is a special product family that presents substances useful for your body in a form that brings pleasure to both adults and children, these are the popular "gummy vitamins".

In the case of Gummy Probiotic, these two ideas are connected, so now you can take in probiotics for pleasure. And the reason we mentioned both age groups is because a bear version was prepared especially for the little ones... Anyway, the point is the same. Strawberry flavour, with minimal sugar content and lots of useful bacteria – the number of the latter can be measured in billions. It has another great advantage: it can withstand storage and transportation, so you can put it in your bag or car as well. Because probiotics are always useful, your body will be grateful for them!



Biocom toothpaste

Biocom's toothpaste has specific ingredients with natural active ingredients, natural sweeteners, preservatives, foaming agents and colorants, that offer complete care of teeth and gums health, if used regularly. It has antibacterial natural active ingredients, such as peppermint, anise, cinnamon, clove, sage and parsley oils.



DENT-AZUR+ part of everyday oral hygiene

One of the main elements of health prevention is the proper care of teeth and mouth. DENT-AZUR+ solution for the care of gums and buccal cavity is an important element of everyday oral care. These two essential statements, which are also indicated on the box, make the importance of Biocom's new product unquestionable. DENT-AZUR+ really provides more, as it can contribute to the prevention of unwanted symptoms associated with periodontitis, and is also beneficial for those who use dentures – all with a menthol flavour.

Special product for everyday use

The original ingredients of DENT-AZUR+ contribute to oral hygiene and the preservation of healthy teeth and gums. Natural azulanol, menthol and clove oil are effective components of the daily care of the buccal cavity and gums. Natural azulanol extracted from chamomile and yarrow, which is the active ingredient present in DENT-AZUR+ in concentrated form, has a specifically anti-inflammatory effect. Moreover, menthol from peppermint has a cooling effect, while the anaesthetic effect of camphor is well known. Its inviting blue colour reminds us of the crystal clear, azure sea...

Prevents, alleviates, contributes – also with dentures

And why does product developer Dr. Gábor Simonyi emphasize that DENT-AZUR+ is part of everyday oral hygiene? On the one hand, because the solution for the care of gums and buccal cavity, in addition to regular oral care, can contribute to the prevention of unwanted symptoms associated with periodontitis. On the other hand, the product's rich essential oil content contributes to the preservation and restoration of the healthy flora of the oral cavity. Thirdly, when dentures are used, frequent oral mucosal complaints can be alleviated if the area in contact with the dentures is directly treated and moisturized.



DENT-AZUR+ is a sea blue coloured oral health care product for everyday use.

DAILY VITA-PACK: ALMOST EVERY-THING, FOR DAILY USE

Dietary supplement vitamin boost, from ten sources, in a monthly dose

Have you been looking for something for a long time that helps you to support the important and necessary vitamin, mineral and micronutrient intake by one hand? If so, then you have found it. A handful amount of daily dietary supplements has appeared in Biocom's range, which, in a pre-packaged form, supports your body from ten aspects at a time. And if you look at the individual components of the small packs, it is many times of that... Daily Vita-Pack is the convenient and wide-spectrum dietary supplement, this way you don't have to collect the essentials from ten locations!



1 box = 30 packs
1 pack = 10 tablets/capsules

And what is the Daily-Pack officially? A dietary supplement containing vitamins, minerals, plant extracts, antioxidants, omega-3 fatty acids, lecithin and coenzyme Q10. A preparation that contains all of these in one pack (in one hand...), which comes in a pre-packaged form, so you can take it every day easily, without forgetting something essential. And since a box contains 30 such packs, it is easy to obtain a monthly supply. Instead of any further introduction, let's take a look at what the ten capsules/tablets consist of one by one!

Joint Guard capsule

The composition of the joint-protecting capsule is not surprising, it contains glucosamine and chondroitin sulphate and, of course, MSM (methyl sulfonyl methane). And to be safe, it also contains a little vitamin C, but it's not only true for this preparation...

Omega-3

The essence is hidden in its name: this is a fish oil soft gel capsule. However, it also contains vitamin E, which covers 41% of the daily recommended intake!

Herb Mind Complex

Herbs that "get on your nerves", but in a positive way. Rather, on your central nervous system... A stimulating effect is attributed to the special ingredients!

Vitamin C

It is also important in itself, we now offer it as part of a package, namely a 1000 mg version. Enriched with a little rosehip...

Ca+Zn+Mg tablet

The main ingredients of the tablet are calcium, zinc and magnesium. Additionally, it also has significant phosphorus and copper content, and smaller amounts of boron and L-Glutamine are also involved in it.

Coenzyme Q10

There is no need to introduce this capsule and its importance to the Biocom member, it has been part of the network's product range for a long time, and of course it has been included in the daily package as well. What's more, it is part of the package in a strong, 100 mg version!

Lecithin

It's not small either, 1200 mg in a soft gel capsule! A separate catalogue of its importance could be filled.

Polyphenol capsule

Polyphenols are also known as compounds with beneficial effects on health, and there are many types of them. The main ingredients of our capsule are green tea, grapes and pine bark.

B-complex tablet

Since it is well known for its beneficial effects, instead of an explanation, a sequence of numbers comes next: 1, 2, 3, 5, 6, 12 from the vitamin B types are also included in it. And instead of numbers, let's see the names, such as folic acid and biotin. 300 (!) percent of the daily intake from each!

Multivitamin A-Z

The name is clear, from A to Z, it contains a lot of important vitamins, most of which contain the daily recommended intake, or a half or a third of it. However, for example, vitamins B and C are included in the package anyway, as are copper, zinc and phosphorus, or even calcium. Then what does only this pill contain out of the 24 (!) ingredients? Vitamins A, D and K. Iodine, iron, selenium, chrome, molybdenum. In addition to all we have listed above...

Daily Vita-Pack, every day

Instead of listing more details here, it is worth checking the packaging. Thus, on webshop.okonet.hu, all that is needed is just to search for it and put it in the basket, then pick it up after delivery and consume it daily. Without any exaggeration, it can be stated, that those who use the Daily Vita-Pack every day, will surely do a lot to maintain their health. Easily, prepackaged!



For the health of eyes

One of our most important sense organs is put under enormous pressure in the civilized world. We spend hours every day in front of screens, sitting in neon lights or staring at our phones. It is not surprising that various eye problems appear at younger and younger ages.



EYE SUPPORT FORMULA for the health of eyes

The product was created to protect and strengthen the eyes and improve vision! If someone "treats" their eyes a lot as described above, it can even be a daily use product for them. Applying it periodically, we can protect and strengthen our vision, and we can also slow down the age-related deterioration of the eyes.

It is a uniquely complex formulation with antioxidant, flavonoid and

blood supply enhancing ingredients (beta-carotene, zinc, lutein, zeaxanthin, black cranberry, grape seed, Quercetin, L-taurine, N-Acetyl-L-Cysteine, Lycopene). Lutein and zeaxanthin are yellow pigments that help protect our eyes against UV radiation. The vision centre of life is the macular degeneration of the eye, the macula. This is where most of these pigments are found. The human body cannot produce lutein on its own, so the necessary amount must be provided with dietary supplements.

Possible effects may include the following:

- Protecting heavily strained eyes (computer, television, air conditioner)
- Facilitating faster adaptation of the eyes to darkness when driving at night
- Reducing the probability of macular degeneration, weakening and slowing down the already existing one
- Beneficial in the treatment of age-related eye diseases and in the correction of age-related visual acuity.
- Strengthening and nourishing the blood vessels of the eye, as it has an anti-inflammatory, antioxidant effect



Lung Focus is designed to support the respiratory system and the immune system

Breathing is vital, but the lungs are not only important for supplying oxygen to the cells, but are also involved in maintaining the acid-base balance of the body. Lung Focus is capable of supporting the respiratory system and the immune system simultaneously, its components participate in prevention by multiplying each other's effects.

One of the important players in maintaining the body's acid-base balance is the lungs. When exhaling, your body gets rid of the accumulated carbon dioxide, the better and more efficiently you breathe, the easier the task is for your lungs. The active ingredients contained in the Lung Focus capsule are in synergy, supporting and multiplying each other's effects.

What is Lung Focus capable of?

It is worth examining the main active ingredients one by one:

- **Ginger** contributes to maintaining the health of the respiratory tracts and bronchi, supports the normal functioning of the airways, and helps natural breathing.
- **Liquorice root** soothes the upper respiratory tract and contributes to keeping the airways clean.
- In addition to supporting the functioning of the immune system, **Echinacea purpurea** has a soothing and pleasant effect on the throat, pharynx and vocal cords.
- **Turmeric** is known by most people to help the functioning of the liver and bile, but it is important to know that it also supports the health of the lungs and upper respiratory tract.
- **Ashwagandha** assists in maintaining healthy energy level in the body.
- **Vitamins C and A, folic acid and selenium** support the normal functioning of the immune system.

In summary, it can be stated that the preparation is able to support the function of the lungs while also supporting the normal functions of the immune system.

Vitamin B complex

Your nerve cells benefit from it



The various types of vitamin B have many related features, which is why they are often referred to as B vitamin complexes. They are water soluble, so blood and urine wash them out quickly, so they need to be supplemented often. They usually originate from the same food sources (for example: liver, whole grains, brewer's yeast), they never occur separately in nature, but are always together as a complex.

It would be useful for many places – but we don't take in much of them

Types of vitamin B supply our body cells with energy, they also start the metabolism of fat and proteins. In addition to the nerves, they are primarily aiding agents of the muscles, digestive organs, skin, hair, eyes, mouth and liver. Severe vitamin B deficiency is common, as it is removed from grain germs, seed husks, rice and molasses during refining.

Vitamin B deficiency

Vitamin B deficiency may make you old and sick, wither and then kill your cells. Known deficiency symptoms include premature greying, baldness, depression, constipation. Sugar consumers should pay attention to the fact, that sugar damages the intestinal flora, and thus the intestinal bacteria are not able to produce vitamin B on their own.

Possible benefits are the following:

- May play a significant role in the energy supply of the nervous system
- May keep the nervous system healthy and reduce irritability
- May break down fatty acids and contribute to the metabolism of carbohydrates
- May be essential for growth
- May control cholesterol level
- May have vasodilator properties and improve blood circulation
- May moderate arteriosclerosis
- May detoxify
- May improve appetite
- May preserve the health and integrity of the skin, hair and nails
- May aid iron absorption
- May promote the production of folic acid

Mag-C+B6

Magnesium, there is no life without it!

Life cannot function without magnesium. Magnesium is required for all energy-producing processes in our body. The activation of nearly 400 enzymes does not exist without magnesium. In the absence of these, we cannot speak, we have metabolic disorders, and osteoporosis may even start in childhood. In the absence of magnesium, either our muscles or our nerves are not functioning properly.

It is essential (also) for this reason

Nowadays, sugar consumption has reached an enormous level, but very few people know that those who consume sugar and fat need magnesium to break them down.

Important plus

Vitamin B6 helps the absorption of magnesium, vitamin C contributes to the transformation of magnesium oxide into magnesium citrate capable of being absorbed in a wet environment – these are also included in the preparation.

Monthly dose in a box

The product ensures the necessary daily intake of magnesium by following the daily dosage. The 90-piece package is a one-month supply. And as it is indicated on the box, it contributes to the proper functioning of the nervous system and the maintenance of normal mental function.



The picture is an illustration

Minerals

in everyday life



MEGA MINERALS

MEGA Minerals is an optimal and rich source of minerals. The product mostly contain the useful ingredients presented in a chelated form. And why is it important? This way, the materials are organically bound to amino acids, which your body recognizes as body-identical, so it utilizes them much more easily and efficiently. You are therefore 1 or 2 tablets away daily from the possible solution, the regular supplementation of minerals!

For more information, details, and tables of active ingredients, it is worth browsing the website webshop.biocomag.ch, where the products can be ordered immediately. We wish you good health!



Immuno-Drops Dog & Cat:
a unique, gap-filling product
for your pets!



Immuno-Drops Dog & Cat is an effective immunostimulant and metabolic activator feed additive, the active ingredients of which have a beneficial effect on the entire organism of dogs, cats, rodents and birds. It helps maintain a healthy immune system and restore it in the event of an illness.

Healing, recovery, prevention

One of the main active ingredients of the complex product is **DMG** (dimethylglycine amino acid), which has been used for a long time and is an effective component in veterinary preparations. It supports the maintenance of health – it is also suitable for prevention – it enhances performance, and in case of illness, healing and regeneration processes – it is appropriate even for patients who have undergone surgery. In the course of poisonings, for elderly animals, and in case of cancer, it is particularly important to support the immune system. With its use, the immune response may be increased up to four hundred times more!

For the immune system

Its other main component, **lactoferrin**, contains substances required for the formation of gut flora and the improvement and enhancement of the immune system, while having an antibacterial effect in the intestine. It has an anti-inflammatory and antioxidant effect. It contributes to the binding and absorption of iron from the intestinal tract. Research has proven its beneficial effect on the immune system, the reproductive organs, the digestive system and, last but not least, the bones. It helps to reduce the symptoms of aging and the development of a healthy gut flora.

Vitamin B12 and taurine

Vitamin B12 **participates** in red blood cell synthesis, neurological functions, and DNA synthesis as well. Its deficiency can easily develop, and its symptoms affect the blood system, the gastrointestinal tract, and the nervous system as well. **Taurine** is a vital amino acid, which cannot be produced by the cat itself, and is essential for the development and integrity of the retina and the nervous system. This need cannot always be met by the daily food, so it should be provided by a nutritional supplement.



**WATER FILTER RO 102-A
WATER CLEANSER
EQUIPMENT**

**WATER FILTER RO 102
WATER CLEANSER EQUIPMENT**

RO102 is equipped with pressure intensifier pump that guarantees quick fill up and adequate amount of clean water if you have generally low water pressure in your home.

Both equipment provide water that is...

- Healthy
- Tasty
- Doesn't run out
- Doesn't contain harmful chemicals and contamination
- Already in your home, no need to carry from supermarket
- Soft and silky, no scaling
- Suitable for any kind of cooking
- Can be consumed in large amount without extra costs
- Good soluble properties, can be used widely



The RO 102-A equipment works by reversed osmosis technology and provides safe, clean water. Premium quality without the use of chemicals or electricity.

With the help of water filter system RO 102-A, reliable quality, clean drinking water is available for 24 hours a day without the need to buy bottled water ever again.



**LOURDES
HYDROGEN GENERATOR**



Consuming hydrogen rich water is extremely beneficial. Drink 6–8 glasses a day and you do a lot for your own and your family's health!

Its biological background implies, that 8–10 mins after drinking, HYDROGEN reaches every tissue and cell through the cell wall, this is the smallest and most effective antioxidant.

The Japanese use this for its anti-aging benefits and for vascular regeneration. It may help the renewal of the vascular system, may dissolve LDL cholesterol from the vessel walls and may neutralize sprawling cells. It is also consumed for skin rejuvenation, so that it becomes healthy and tight again. It may also be successful in the management of diabetes, kidney problems and atopic eczema.

This HYDROGEN rich water may be very beneficial both for your health and stamina. It may help to live a longer life in a more energetic state.



**Other
equipment**



**919 CWR – table
water equipment**

Complementary machine without filter technology. It is a very good complementary to a pure water source working with reversed osmosis (i.e. Water Filter RO 102-A). Hot tea, cool clean water – immediately.



**RO 929 – office water
cleanser equipment**

Office standalone dispenser for drinking water with RO system. Integrated, closed, secure system. Digital control. Temperature control (cooling, heating, normal water). Practical, spectacular design. The ideal source of drinking water for schools, kindergartens and communities!

Top 10 products

1. Reg-Enor

According to tens of thousands of experiences over the past decade, the product works like a key to the engine, it starts and keeps the processes moving, but it is also true that the product is useless if you do not eat the recommended foods during the program... Therefore, the program consists not only of a product, but also of a complex lifestyle change, which it is unavoidable.

2. Collagen + Fiber + Amino drink powder

This special preparation supports the body regarding all aspects of beauty! Thus, it is an excellent supplement for people on cures, dieters, those participating in slimming programs, and all those who live in the spirit of health, beauty and flexibility and want to support their digestion.

3. Grapefruit seed extract

It has been known for decades, that grapefruit seed extract has natural antiviral, antibacterial and antifungal properties. It may be the best option for those looking for an antimicrobial product with a wide spectrum of benefits. This extract is beneficial in destroying hundreds of strains of bacteria, viruses and parasites even in very small quantities and it keeps friendly bacteria intact.

4. 15 Day Total Body Cleanse

Would you like your body to breathe from time to time? Would you strengthen your resistance by flushing out toxins? Do you have a bit more than two weeks for a thorough cleansing? If you answered yes to all three questions, the Total Body Cleanse, Biocom's 15-day program, could be prepared for you!

5. Slim 40+Burn

Biocom's preparation can greatly help weight loss, if the dieter himself takes action for it by eating carefully, reducing the number of calories and possibly incorporating exercise.

6. Q-Vital

Amounts of coenzyme Q10 is naturally decreased in the body with aging. There is a presumption that Q10 may be one of the components of the recipe to stay young therefore it is strongly recommended to supplement as you get older!

7. Immun Supreme

A product that can really clean your body! This product provides a trifold effect that combines cleansing, nourishment and cell protection. It contains close to 4000 vital nutrients and Astaxanthin, which is one of the most powerful antioxidant and free radical scavengers in the world.

8. Olive tree

Protect your body from harmful viruses and bacteria with this preparation having a particularly strong active ingredient! You may take the result for granted, as research has already shown that the enzymes of the olive tree successfully fight even against retroviruses.

9. Krill Oil

Krill Oil is regarded the best source of Omega 3. Omega 3 deficiency may even be more harmful than a low-fiber diet and may be the main cause of societal damage developed and spreading across the world.

10. Flora Plus

It contains seven digestive probiotics strains to bring balance into the gut flora and regulate digestion. It has around 4 billion live microorganisms.

The TOP10 list was created on the basis of the decisions of consumers and is constantly changing. However, the other 170 products are also important and often meet special needs, so it is worth reading the **Health Catalogue** presenting dietary supplements, or browsing online at **webshop.okonet.hu**.



Please also take a look at our online store, where you will find more recent, useful information about the expanding product range at

webshop.biocomag.ch

Our partners:

webshop.okonet.hu

biocom-international.ro

biocom-international.eu

biocom-international.rs

Purchases in our store are subject to registration,
the conditions of which can be read on the website.



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